

Meekatharra Dust



Issue Number 207—December 2009 Cost \$ 2.00 incl.

Goodbye 2009

Speedway—January



Worlds Greatest Shave—March



Gymkhana—April



Trivia Night—June



Fancy Dress Ball—July



Battle of the Bands—August



Outback Festival Rodeo & Races—September



Youth Ball—November



Welcome 2010

Address: Cnr Main & Savage Streets PO Box 129 Meekatharra WA 6642 Phone: 9981 1002 Fax: 9981 1505

Email: ceo@meekashire.wa.gov.au Web: www.meekashire.wa.gov.au

NOTE FROM THE EDITOR

Hi Readers,

Welcome back to a New Year and New Decade.

It sure is hot enough isn't it!!

I hope that everyone enjoyed the festive season and had a nice break!

Small issue this month as we get back on track for another year....

Also Welcome to all the newcomers in town.

Speedway is back on again this month so make sure you show your support and head out to the track on Saturday 23rd so Meeka can continue to host events like this!

And have a Happy Australia Day !!

Thanks

Rach

'The Meekatharra Dust' is a non-profit community newspaper.

Articles or advertisements can be posted to

PO Box 315 Meekatharra,
faxed on

(08) 9981 1505

or left at the Shire Office

**Or try emailing us at
admin@meekashire.wa.gov.au**

Advertising Rates:

Size	B & W	Colour
Full Page	\$46.50	\$66
Half Page	\$23.80	\$38.50
Quarter Page	\$14.70	\$22.00
Eighth Page	\$12.45	\$16.50

The Meekatharra Dust SUBSCRIPTION

If you would like to subscribe to the The Meekatharra Dust simply complete the form below and send with your payment to:

CO-ORDINATOR

"The Meekatharra Dust"

PO BOX 315

Meekatharra WA 6642

NAME: _____

POSTAL ADDRESS _____

Subscriptions are:

(1) Address in WA: \$33.00 (inc GST)

(2) Address in other States \$38.50 (inc GST)

Subscriptions are for a 12 month period.

QUOTE OF THE MONTH

An Australian umpire undoubtedly needs to be deaf — in both ears!



Dust Noticeboard...

Calling for Submissions

If you have any articles with information, about events, or photos you have taken that you would like included in the Meekatharra Dust, please drop them into Rachel at the Shire before the closing date shown on the back page.

EVENTS NOT TO MISS

THIS MONTH

- ❖ Telecentre Committee Meeting - Tuesday 12th
- ❖ Ordinary Council Meeting - Saturday 16th
- ❖ Meekatharra Speedway - Saturday 23rd
- ❖ Australia Day - Tuesday 26th
- ❖ Australia Day Pool Party - Tuesday 26th
- ❖ Festival Committee Meeting - Wednesday 27th



Disclaimer: The Meekatharra Dust is a publication of the Shire of Meekatharra.

The Shire of Meekatharra, staff and councillors, take no responsibility for accuracy of or omissions in any material published.

Information contained within the Meekatharra Dust does not necessarily reflect the views of The Shire of Meekatharra or its employees or councillors.

Swimming Pool

NOW OPEN

Opening Hours

Mon—Fri 9.30am—1.30pm 3.00pm—6.00pm
Saturday 10.30am—5.30pm 7.00pm—9.00pm
Sunday 12.00noon—6.00pm

Daily, Weekly, Monthly or Season passes available at the pool

Early Morning and Late Afternoon Swimming

Agreements and keys are available from the Shire Office.

Fees and Conditions are as follows :

- ✱ After hours passes are separate and additional to normal opening hours passes
 - ✱ Key Bond (Fully refundable) - \$200 Cash.
 - ✱ Monthly Pass \$23.10 / Season Pass \$84.70
- ✱ After Hours Access is restricted to Adults 18 years and over.
- ✱ **Entry is permitted to key holders only between 5-8am & 6-7pm**

Library

We know our library is of the small scale, but we hope we have most of what you need. We get an exchange every month. The number of items we receive is much smaller though.

If there is anything specific that any reader would like we can order it from another library for you. (Sometimes this can take time for them to be sent to us)

Please note that you must be an existing member of the library to order in books.

Located in the Shire Office

*The Library is open:
Monday to Friday
from
8 am to 4.30 pm.*

SALE BY TENDER

UNDER INSTRUCTION BY MORTGAGEE IN POSSESSION

The following properties are for sale by
Public Tender with tenders closing on 5th
February 2010

109 Darlot Street Meekatharra
2 Connoughton Street Meekatharra
Lot 11 Caddy Place Meekatharra
28 Queen Road Meekatharra
30 Attwood Street Mount Magnet

***Tender forms and property details
are available from:***



**first
national**
REAL ESTATE | Geraldton

Contact: Liz Nelson
Ph: 9956 6444 Mob: 0429230015
Email: liz@fngn.com.au

Better Beginnings & Story Time



Meekatharra Shire is seeking interest in early literacy programs for children aged between 0-3 (Better beginnings) and 3-8 (story time). These sessions will take place once a month at the library .

Please express your interest.

Phone: 99 811 002

Email: reception@meekashire.wa.gov.au



Ph 9981 1007
Fax 9980 1192

MEEKATHARRA POLICE NEWS

BURGLARY

There is no doubt that the residents of Meekatharra are conscious of the increase in burglary offences in recent times, and from a police and community perspective this is not acceptable, although the apprehension rate by your officers is exceptional, however the offending continues.

The criminal element is less than 2% of our population – as career criminals they are lazy and opportunistic – the difference between being burgled and not, in most cases, is, if you are apathetic and don't take simple security steps you may become a victim. Your police need your assistance; in firstly securing your premises, ensuring you report any suspicious activity and advising us promptly should you be the victim of an offence. All burglary reports will be attended with a focus on gathering evidence be that forensic or anecdotal. We can obtain process and compare fingerprints on the National data base within a matter of hours.

From a policing perspective our operation to reduce this type of offending will utilise intelligence lead policing, hot spot identification and offender profiling. We will apply new pressure on our priority and prolific offenders. We have identified a hard core group of individuals whom commit many of these offences, most are recidivist and have been before the court before. We regularly interact with them to ensure they comply with bail undertakings and that we know of their whereabouts.

Over the next three months several initiatives will be undertaken to target some of the more unsavory events ranging from bike safety through anti social behavior, burglary and assault and we seek your assistance in order to have the community you want.

Should you wish crime prevention advice please contact the Meekatharra Police Station on 99811007 and a staff member will be happy to provide information from marking of your valuables to securing your premises.

Meekatharra - Police & Community, Respect & Resolve

ALCOHOL

In the last Meekatharra Dust I raised the issue of excessive consumption of alcohol. I am pleased to inform you that the Licensees of all the liquor outlets in Meekatharra have voluntarily reduced their trading hours as part of the Meekatharra Liquor Accord. As from the 1st of January 2010 premises will not open for the sale of alcohol until 12 noon. Constable 1/C Jeremy Marklew is still collecting submissions in relation to further strategies that may be implemented. Should you have any suggestions please make contact with him at the Meekatharra Police Station.

CHILDREN

The warmer weather has contributed to a large number of children roaming the streets after dark and whilst in the main they remain safe it must be kept in mind that Main Street is in fact part of the Great Northern Highway and as such carries large volumes of heavy traffic. To play in and around such streets most certainly exposes children to danger and as such your police seek your support in providing active supervision of your children to ensure their safety.

COMPLAINTS

Most recently I received a letter of complaint that had been forwarded anonymously to the Commissioner of Police in relation to what the author saw policing deficiencies within Meekatharra. It disturbed me that the author chose to remain anonymous however I defend any individuals' right to have their say. I would like to believe that I can be approached and issues of concern raised in a non combative forum. There are often explanations as to the actions that are or are not undertaken and I am more than ready to explain the policing process.

I came to Meekatharra for two years some three and a half years ago; I am proud of your town and with your assistance will continue to work to make it a safe and secure community.

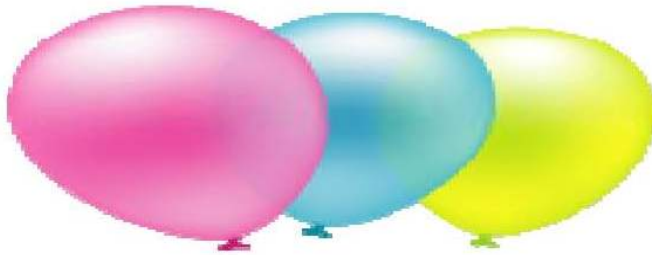
STAFFING

Over the next few weeks Sergeant Morris, Constable 1/C Jannings and Constable 1/C Fielder will be departing Meekatharra to further their careers in Perth. I would like to publicly thank each of these officers for their commitment and dedication they have shown to policing throughout their stay in Meekatharra. Replacement officers have been selected and will be arriving in late January and I am sure you will join with me in wishing them the best throughout their stay.

Peter D Pope
Senior Sergeant
Officer in Charge

Meekatharra - Police & Community, Respect & Resolve

FAMILY FUN DAY



On Monday 30th November 2009 Community Health Staff - Dot Lauritsen, Delores Gilbert, Gloria Jones & Student Nurse Kate Eley held a Family Fun Day at the Community Health Centre.

21 parents and 30 children attend the 2 hours session which included child immunisation, child checks by the Child Health Nurse Mary Ash, face painting, necklace making from noodles, playing games with toys from the toy tailor.

At lunch time sandwiches/fruit/ and water was supplied to all who attended the session. Community Health would like to thank Farmer Jacks for the water container which they donated to us for the Fun Day held today and also Frontiers Services – Alistair Macaulay for the present donated to us.

Lucky dip bags with small present donated by Dot & Frontiers were given out to all children's who attended.

Again we would like to thank the parents & children for attending this Family Fun Day and wish everyone a Merry Christmas and a Happy New Year from all at Community Health.





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HIRE CONTROLLER

MEEKATHARRA- Part time, 3 days p/w

Coates Hire, Australia's leading equipment hire company, is looking for a self motivated individual to join the Meekatharra branch in a Part Time role.

Working within a team environment, you will assist in the day to day running of the branch, organising deliveries, handling phone & counter enquiries / sales and monitoring branch presentation.

Your duties will include:

- Ownership of health & safety for all employees, contractors & customers
- Assist your team in managing assets
- Provide excellence in customer service to all external & internal customers
- General office duties, including Branch housekeeping as directed
- Participate in an open consultative manner involving team culture
- Load hire equipment using a Forklift or suitable equipment.

This role is ideal for somebody who has experience in either the:

- Sale or hire of plant and equipment;
- Allocation of transport deliveries;
- Spare parts sales / industry; or
- Motor / Truck dealer service management

Ideally, you will be sales & customer focused, innovative, be able to work under pressure, and work effectively as part of a team.

For more information about this position and to lodge an application please contact Ashley Page on meekatharra@coateshire.com.au.

Applications close 31st January 2010

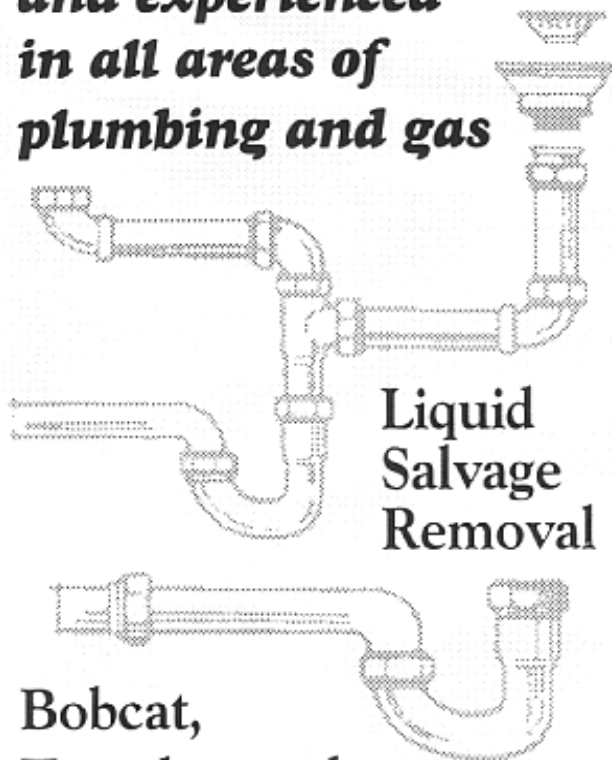


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GET INTO RECYCLING

(AND THE TOWN CAN MAKE MONEY
FOR THE R.F.D.S.)

Bet you throw out all those used stamps on your envelopes. Well now, instead of doing that you can leave them in the box at either the Council Chambers or at Outpatients at the Hospital.

These stamps are forwarded onto stamp dealers, then weighed and monies from the sale go into R.F.D.S. coffers.

Just cut around the stamp leaving a border of approximately 1cm or if you are in a hurry just tear the envelope in half and drop them in the box.

**Let's get behind the
R.F.D.S.**

An advertisement for energy-saving lamps. It features a money bag with stars and a dollar sign, a standard incandescent bulb, and an energy-saving lamp. Text includes 'Receive four FREE energy-saving lamps', 'SWITCH TO ENERGY SAVING LAMPS', 'Energy saving lamps cost less to run than standard globes', 'And last around eight times longer', and 'Pick up FOUR FREE LAMPS from your local shire office Regional Energy Efficiency Program'. At the bottom, it lists 'Sustainable Energy Development Office Government of Western Australia', 'www.sedo.energy.wa.gov.au', 'Energy Smart Line 1300 658 158', and 'Australian Government Department of the Environment and Heritage Australian Conservation Office'. A vertical banner on the left reads 'SAVE ENERGY SAVE MONEY'.



australia day

POOL PARTY

Meekatharra Public Swimming Pool, 10 am start

Barbeque and salads provided and enjoy the

Games All Day!!

Ring Elaine (0439909738) if you would like to make a salad

26th of January

MEEKATHARRA HEALTH CENTRE

VISTING SERVICES—JANUARY & FEBRUARY 2010

For Appointments—Hospital Reception: 9981 0600

Physiotherapist— Brian Poller	1st & 2nd February
Podiatrist— Gerard Huck	1st & 2nd February

For Appointments—Community Health : 9981 0636

Pediatrician— Dr Jehangir	8th February afternoon
	9th February 8-11am
Child Health Nurse— Mary Ash	1st & 2nd February

Speech Pathologist, Occupational Therapist— Referrals to Cue Primary Health : 9963 1539

Psychiatrist—Mental Health Team : 9981 0625

Other visiting specialists include Ear, Nose & Throat Specialist, Physician & Pediatric Physiotherapist

**As all dates are subject to change—please confirm appointments the day before.
(Appointments availability is usually determined by prioritising according to health needs)**

RFDS MEDICAL SERVICE

Outpatient Opening Times : **Monday—Friday 9am—12 noon (except Thursday 10am—12 noon) & 2pm—4pm.** Medical Services are prioritised according to urgency.
After Hours is for EMERGENCIES Only

*The Aboriginal Medical Service will be visiting Meekatharra in Jan & Feb 2010
January Monday 18th & Tuesday 19th. February Monday 22nd.*

DENTAL VISITS TO MURCHISON—2010

The visiting dental service to Meekatharra has been temporarily suspended until February 2010.

Patients are able to access dental care at Newman (9175 1170) or Geraldton for eligible patients only (9921 8573).

Dental Health Services acknowledges the inconvenience with the present situation and is working to ensure services resume as soon as possible.

For further information please contact Mr John Grapsas on 9313 0555.

Phone contact numbers during above periods only

Meekatharra Dental Clinic : 9981 0640

Mobile Dental Clinic : 0427 386 647

For More Information : Dental Health Services (Perth) : 9313 0555

SHIRE OF MEEKATHARRA
TOWN PLANNING SCHEME No 3
AMENDMENT No 2

PURPOSE OF AMENDMENT

Notice is hereby given that the local government of the Shire of Meekatharra has prepared the above mentioned Scheme Amendment to reclassify portion of Lot 1017 High Street Meekatharra, from "Rural" and "Recreation" to "Special Site – Accommodation Village".

Inspection of plans and documents relating to this amendment are available from the Shire Office, Main Street, Meekatharra during normal office hours.

Submissions on the scheme amendment may be made in writing on form No 4 and lodged with the Chief Executive Officer, Shire of Meekatharra, Post Office Box 129 Meekatharra on or before 29th January 2010.

Roy McClymont
Chief Executive Officer
7th December 2009

SHIRE OF MEEKATHARRA

PROPOSED ROAD CLOSURE

JUDAL TO MILEURA ROAD

In accordance with Section 3.50 (1a) of the Local Government Act 1995, it is hereby notified for public information that the Meekatharra Shire Council has resolved to close the portion of the Judal – Mileura Road that is located within the boundaries of this Shire.

Council has resolved to close this road as it gets very little use, is expensive to maintain and there are alternative road routes to Mileura Station.

Persons objecting to this proposed closure should detail their objections in writing and submit them to the undersigned by Friday 29th January 2010.

Roy McClymont
Chief Executive Officer
Shire of Meekatharra
PO Box 129
MEEKATHARRA WA 6642



Newman Vet

Meekatharra



Dr. Rick Fenny
Located at **Paddy's Flat**

For appointments phone: **9175 1309** or
0408 936 061

EMERGENCY ADVICE : 9175 1309
or Dalkeith Veterinary Clinic on **9386 6277**

Squash Court

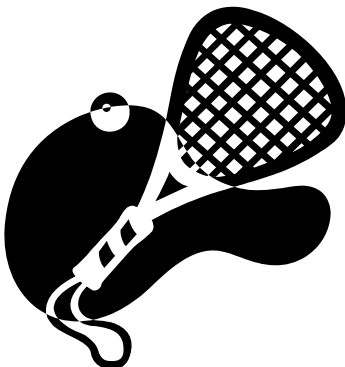
****NOW OPEN****



Located at the back of the Sports Complex

Agreements, Keys and Tokens are available from the Shire Office.

Fees and Charges are as follows :



- * Key Bond (Fully refundable) - \$100 Cash.
- * Court Hire—\$11.00 per token = one hours use
- * We do not hire equipment (racquets/balls etc)
- * **Entry is permitted to key holders only**



FARMER JACK'S

MEEKATHARRA

At Farmer Jack's Foodworks Meekatharra
we offer an extensive range of fresh foods
including deli items, quality meat, fresh produce,
groceries and liquor.



Opening Hours

Mon, Tues, Wed, & Fri	8am—6pm
Thursday	8am—7pm
Saturday	8am—5pm

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In addition, we are a Landmark Agency servicing all
your rural needs, as well as a Thrifty Link
Hardware Store.

Farmer Jack's Foodworks Meekatharra
22 Main Street, Meekatharra 08 99811088



HAPPY BIRTHDAY

January Birthdays

<i>Mykia Curley</i>	<i>1st</i>
<i>Casey James</i>	<i>2nd</i>
<i>Cameron Watson</i>	<i>4th</i>
<i>Vierdelle Gilla</i>	<i>5th</i>
<i>Antionette Hill</i>	<i>8th</i>
<i>Griffan Kelly</i>	<i>8th</i>
<i>Barbara Coumbe</i>	<i>8th</i>
<i>Jo Francis</i>	<i>9th</i>
<i>Fawn Oliver</i>	<i>9th</i>
<i>Markus Simpson</i>	<i>10th</i>
<i>Dennis Ulph</i>	<i>11th</i>
<i>Louis Tressider</i>	<i>13th</i>



<i>Andrew Gentle</i>	<i>14th</i>
<i>Kyrisha Curley</i>	<i>20th</i>
<i>Clive McDonald</i>	<i>23rd</i>
<i>Cedric Wingo</i>	<i>24th</i>
<i>Nicolas Mongoo</i>	<i>26th</i>
<i>Amarah Woodley</i>	<i>28th</i>
<i>Brittany Quartermaine</i>	<i>29th</i>
<i>Tom Quartermaine</i>	<i>29th</i>
<i>Mariah Drayton</i>	<i>30th</i>

If you have any birthdays you would like placed in the Meekatharra Dust please call Rachel on 9981 1002



Barry Haase

Federal Member for Kalgoorlie
Shadow Parliamentary Secretary for Energy and Resources

MEDIA RELEASE

21ST December 2009

LABOR'S NEW AWARD SYSTEM A TICKING TIME BOMB FOR SMALL BUSINESS IN REGIONAL WESTERN AUSTRALIA

Federal MP Barry Haase has today expressed serious concern about Labor's new system of "modern awards" and what this means for local and small businesses.

"Labor's so-called 'modern award' system becomes law on 1st January 2010 and many small businesses remain in the dark about what this means to them and their staff" said Barry Haase.

"The most recent changes were only announced in early December, giving business owners less than a month to comply with the new laws at an extremely busy time of the year.

"The changes are significant. Some awards contain increased minimum wages, higher penalty rates, and higher allowances.

"These changes are imminent despite Julia Gillard's promise that her new laws would **not** increase labour costs for business.

Barry Haase is particularly worried about the impact of modern awards on small business owners in the horticulture, retail and community pharmacy sector.

"These sectors will be the hardest hit" said Barry Haase "I am worried that this will lead to job losses, reduced services for the community, or both."

"The reality is that many workers and businesses are still in the dark about these new laws and time is running out.

"This really is a ticking time bomb for business and I would encourage everyone to make sure they are ready for the new laws and don't get caught out" said Barry Haase.

"You can learn more by visiting www.fwa.gov.au or by contacting your local business chamber or accountant".

"I also welcome your feedback about the impact these award changes will have on your business and staff. I encourage you to call me on 08 90 212 035".

END

Media contact: De-Arne O'Neil (08) 9021 2035 0407 379 622 De-Arne.O'Neil@aph.gov.au

Meekatharra Festival Meeting



Fundraising **Fancy Dress Ball**
Trivia Night

Subcommittees – Ball; Rodeo;
Street Parade, Music; Arts;
Local Stalls—Food craft
Local entertainment

Date: Wednesday 27th January 2010

Time: 5.00pm

Venue: Sports Centre



JOKE OF THE MONTH

Grandad was reminiscing about the good old days.. "When I were a lad, me mother would send me down to t'corner shop wi' a shilling, and I'd come back wi' 5 pounds o' potatoes, 2 loaves o' bread, 3 pints o' milk, a pound o' cheese, a packet o' tea, an' 'alf a dozen eggs. Yer can't do that now. Too many bloody security cameras."



8 Seater Outdoor Setting;
Glass Table, Cushioned Seats—
\$250

Corner Computer / Study
Desk—\$100

3 Drawer Wooden Filing
Cabinet—\$50

0417 948 506



FREE PROMOTIONS

Any non profit organisations or activities which are purely for the benefit of the Meekatharra and surrounding communities can promote themselves free on Meeka FM in many ways.

- * **We can create a promo and have it played at specific times on air**
- * **We can promote your service/activity while we are on air**
- * **We can get you into the studio to record a promo**
- * **We can do phone interviews to promote your services**

So if you're wondering how you can get your message out to the community with very little effort, please contact **Meeka FM 98.3**

Email: meekafm@bigpond.com

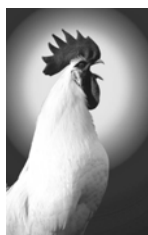
PH/FAX: 08 9981 1358

Anita's mobile: 0400761747

MEEKATHARRA CARAVAN PARK



OPEN 7 DAYS A WEEK



***CHEAP FUEL MINI DELI
GAS BOTTLE REFILLS
GOLDEN FRIED CHICKEN***



West Rail Meekatharra/Geraldton Bus Timetable From Geraldton

		Mon PM	<u>Thurs</u> PM
Geraldton (Railway Stn)	Dep	1.15	3.00
Mullewa (Swimming Pool)	Arr	2.30	-
	Dep	2.35	4.15
Yalgoo (General Store)	Dep	4.00	5.40
Mt Magnet (Swagman R/House)	Arr	5.27	6.55
	Dep	5.57	7.25
Cue (Post Office)	Dep	6.53	8.25
Tuckunarra	Dep	7.20	8.57
Meekatharra (Post Office)	Arr	8.15	9.50

From Meekatharra

		Tues AM	<u>Fri</u> AM
Meekatharra (Royal Mail Hotel)	Dep	7.00	9.00
Tuckunarra	Dep	7.55	9.55
Cue (Post Office)	Dep	8.22	10.22
Mt Magnet (Swagman R/House)	Arr	9.18	11.18
	Dep	8.48	11.48
Yalgoo (General Store)	Dep	11.15	1.15
Mullewa (Swimming Pool)	Arr	12.40	-
	Dep	12.45	2.40
Geraldton (Railway Stn)	Arr	2.00	3.55

*For Bookings & Further Information please contact:
 Batavia Tickets, PO Box 2741, Geraldton WA 6531
 Ph: (08) 99 648 881 Fx: (08) 99 648 883*

Do you need a break from your caring role??



"I like coming to the Carers Support Group Morning Tea because I get to catch up with other Carers and I enjoy the company. It's also a morning out of the house."

Helen (Dongara) Full-time Carer

The Midwest Commonwealth Respite and Carelink Centre may be able to assist with respite options for:

- Carers of the frail aged
- Carers of people with a disability
- Carers of people with a mental illness
- Carers of people with a chronic illness

Why not ring us for information on how you can take a break and know your loved one is being cared for?

Freecall **1800 052 222***

* Calls from mobile phones are charged at applicable rates

Carelink Services

Carelink services provide information about community aged care, disability and other support services to allow you to live in your own home independently. Your local Midwest Centre located at the Geraldton Health Campus has information about household help, transport, meal services, day care centres, aged care assessment teams, support groups, disability services / equipment, carer respite options plus lots more, in your area.

AUSTRALIAN GOVERNMENT



Government of Western Australia
 Department of Health
 WA Country Health Service

Midwest Commonwealth Respite and Carelink Centre
 Geraldton Health Campus — 51-85 Shenton Street, Geraldton WA 6530





Barry Haase

Federal Member for Kalgoorlie
Shadow Parliamentary Secretary for Energy and Resources

MEDIA RELEASE PAGE 1

3rd December 2009

'Current 'gap' year students safe'

The troubled Youth Allowance Legislation will not come up for further debate in the Senate until next year and as such the 'old rules' will apply until new legislation is passed. Under present regulations, students must earn \$19,532 within an 18 month period to qualify for Independent Youth Allowance. This will in effect mean that students currently in their 'gap' year are safe and, will, if all current criteria requirements are met receive the Independent Youth Allowance.

"By refusing to accept suitable amendments to their legislation, The Labor Government abolished Commonwealth Scholarships under separate legislation earlier this year thus there will be no access to these Scholarships for those beginning university in 2010. The Coalition warned Ms Gillard that the abolishment of Commonwealth Scholarships without an adequate alternative in place would mean that there will be no scholarships next year. This is exclusively the Government's fault as they alone control the legislative program."

"Julia Gillard's recent announcement of an additional \$20 million to fund the Youth Allowance still does not address the needs of country students; rather it just adds insult to injury. By announcing a new fund, Julia is admitting there is a problem with the legislation in its current form but refuses to fix it in a way that is fair to those rural students who have to move from their home in order to access tertiary education."

"The Coalition will continue to oppose the legislation until our primary concerns are addressed:

- 1) The Coalition cannot support legislation that cuts out the 'gap year' pathway to Independent Youth Allowance for students who must leave home to attend University, unless a realistic alternative provision is put in place.
- 2) The Coalition cannot on principle support legislation that is retrospective in its effect. We note that the Government has moved towards addressing this issue with their new amendments, but we still cannot support their legislation while they are

MEDIA RELEASE PAGE 2

seeking to change the goal posts on any students who made a good faith decision to take a year off in order to earn entitlement to Independent Youth Allowance based on the advice of Centrelink officials and their schools' careers advisers.

"This Bill contained a number of sensible measures that the Coalition would be happy to support – however we will not allow the Government to increase funding to one group of students only by taking away the higher education aspirations of country students"

"The Coalition refuses to be blackmailed into supporting retrospective legislation or legislation that unjustly disadvantages rural and regional Australian students seeking to further their education"

END

Media contact: De-Arne O'Neil (08) 9021 2035 0407 379 622 De-Arne.O'Neil@aph.gov.au

Meekatharra Corner Store

Corner of Main & High Streets, Meekatharra

Ph: 9981 1151



BP Fuel & Lubricants

Premium Unleaded Fuel now available

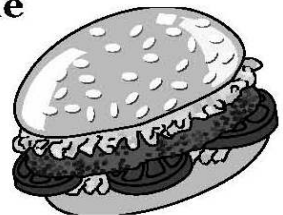
Auto Accessories

Kleenheat Gas

Key Cutting

Take-Away Food

Asian Food



A range of Asian Ingredients and utensils available for sale



Burgers

Rolls

Sandwiches made to order

Bottled water deliveries

Tyre Repairs

Driveway Service



Meekatharra Speedway

When: Saturday 23rd January 2010

Where: Across from the Airport

Gates Open at 4.00 pm



1/2 Weekend

Opening Ceremony 6.45 pm on track

1st race at 7.00 pm

Local Drivers:

Ashley Page, Michael & Brandon Mongoo
Peter Bell and Adam Howden

Visting Drivers from:

Karratha, Port Hedland, Tom Price
Newman, Geraldton, Leonora & Collie

Canteen & Bar facilities at track

Prices:

Ticket Prices

Adults \$15.00

11 to 15 gold coin donation

10 and under free

NO BYO Alcohol

The Royal Mail Hote/

Proudly Presents



Tuesdays—Free Pool (8pm onwards)

Thursdays - Eight Ball Knock Out Comp

Fridays - Chase the Ace &
Double Pool Competitions



Saturday Night = Pizza Night
1 x Large Pizza (any toppings) + 1 x 8 inch cheesy garlic
bread + 1 x 1.25L Soft Drink = \$35



Come Celebrate Australia Day with us
Happy Hour Prices Available



HAPPY HOUR—Wednesdays & Fridays 7-8pm

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AVAILABLE ALL DAY EVERYDAY
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Bush Fires Act 1954 – 1981

**Prohibited and Restricted
Burning Times**

Shire of Meekatharra

**Prohibited
(No Burning or Fires allowed)**

15 December to 31 March

**Restricted
(Permit Required to Burn)**

1 October to 14 December

1 April to 30 April

O:\B\B.40 BUSHFIRES BOARD (FESA)\B.40 GENERAL\Notice Prohibited burn times.doc

Commercial Hotel

Meekatharra

Enjoy a drink in a relaxed
& friendly atmosphere



Excellent counter meals daily:

Lunch 12 noon – 2pm Monday to Saturday

Dinner 6pm – 8pm Sunday to Saturday

Accommodation Includes:

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MURCHISON AGE HOSTEL

MEEKATHARRA

NEWSLETTER December 2009



2nd Dec

We had a special visit from Pat Malone who sung many songs for us. He played many old time favourites, and even took requests. Rene also popped in for a visit. Everyone had a great time and enjoyed the music very much.



16th Dec

This was the day of our Christmas lunch and we decorated the tables with all our craft work. It was a great lunch, we had lots of people here and from the community and we also had Sheila Lacey from Community Health join us and Pastor Lesley from Frontier Services.

Thanks Don for all your help with the setting up of the trestles and the decorations. It was a great help.

Yum.. Yum... this was the wonderful morning tea that the residents had, supplied by the Hospital Kitchen thank you kitchen staff.



Thankyou to the kitchen staff at the Hospital for the wonderful lunch.

Thankyou to all the staff at the Hostel for all their hard work on the day it was wonderful.

I would like to take this opportunity to thank all the people who have attended, helped or performed at the Day Centre and wish everyone a very merry Christmas and a happy new year.

See you all next year.

Ruth Lee.





We are pleased to advise that Courier Australia has recently acquired the Geraldton - Murchison business of Skippers Transport, servicing the Murchison Goldfields and surrounding areas daily, including Meekatharra, from Monday July 3rd. We look forward to your ongoing support.

Our Geraldton branch, at 130 Flores Road, will provide the localised support for the daily service, ably assisted by the local agents, where your freight can be lodged:

<i>Cue – Jeff & Marie (Cue Roadhouse)</i>	<i>9963 1218</i>
<i>Mt.Magnet – Dave & Lesley (Murchison Tyres)</i>	<i>9963 4455</i>
<i><u>Meekatharra</u> – Ron Bell</i>	<i>9981 1015</i>

**For rate enquiries and pick ups within the Perth Metro area please call 131885 or our Geraldton Branch on 99657333 to arrange.
Email: geraldton@courieraust.com.au**

Courier Australia –committed to regional Western Australia



Meekatharra Race Club News

What a Weekend

WOW! What a weekend. Full on... The race weekend was a huge success. It was great to see so many people really let their hair down. 51 horses were nominated over the 2 days of racing. The weather was right the atmosphere was great throughout the 2 days. The trainers were keen and eager. The facilities looked amazing. The organisation for the event was enormous. The flags blowing in the breeze, watching people having a punt or two on the horses winning or losing just having the facilities was great. The food was readily available. Bar drinks icy cold. The kids were well and truly catered for. To me it seemed as everyone was contented.

On that note the Meekatharra Racing Club would like to thank our sponsors, volunteers and our committee for putting on an awesome show without these people these events wouldn't happen.

To Sinosteel Midwest for being our major sponsor this year. Your support in the up and coming weeks were great with Rowena with many phone calls with Lauren to organise banners and flags to put around the course. Once again we thank Sinosteel Midwest for the sponsorship and hopefully we will see them back in 2010.

To Peter Clancy, Trevor Renk and Mark Smith for the persistent work to get the band Renegade up to Meekatharra for the races. Wow! they were awesome...The club really appreciated your support in getting all of our big sponsorship for the weekend. Thanks once again.

To all the volunteers that helped put together the new jockey facilities. The jockey's honestly were thrilled with the upgrade. Many hours of labour went into these rooms. Well done to all that were apart of this.

Big thanks to all the new life Members:

Peter Moses	Russel Evans	Margie & Ron Bell
Buff & Liz Coumbe	Ross Howden	Harvey Nicols
Guy Bell	Tom Hutchison	

Once again a huge thank you to all that contributed the this amazing 2 days of racing and spectacular night party..

Sinosteel Midwest
Farmers Jacks
Mark Smith Plumbing
Trenk Contracting
DDH1 Drilling
PMI Resources
Meekatharra Bakery
Meekatharra Caravan Park
Meekatharra Shire
Remote Area Concreting
Commercial Hotel
Nexus

Royal Mail Hotel
Skippers Aviation
Renegade Band
Ronnie Longmuir & Jo Francis
Russell & Simon Evans
Trenny's Electrical
Margie & Ron Bell
Scooter
Norm Trenfield
Brian & Christine Williams and staff
Peter Jenky & Ross Howden
Tony Burrows
Bushman Tanks
V & L Mechanical
Irwin Gentle & Co.
Michael Walley
Liam Johns
Justin from TAB Perth
Guy Bell
Sonja & Lauren (TAB)
Mal Stewart & Trevor Renk—Starters
Michael Mongoo—Brands
Ashley Page and Meg Forrester—Clerk of Courses
Peter & Sandy Clany, Ross Howden and starting gate staff
Tom Hutchie, Harvey and Bill Nichols & Elaine King—Judges
Jessica Harvey & Kristy Page—Entrance gate
St John Ambulance and Volunteers
Midwest Vet Clinic—Peter Taylor
RFDS Doctors
Mal Stewart
RWWA—Racing and Wagering Perth
All Bar Staff for the 2 days an awesome job done by all

If I have forgotten any one please for give us. But thank you.

Saving the best for last

Thanks to our Committee

Jo Burgermeister, Lauren Howden, Margie Bell, Lorrae Hill, Elaine King and myself.

It was a huge learning curve for us all but we did it. Thanks to everyone that supported us in the up and coming weeks to the races. To all who helped us with the busy bees and just being there for advice or suggestions. We have a big year for 2010 the Meekatharra Racing Club is 100. March 2010 will be the AGM date to be announced.

Once again thank you to all. See you all next year!!!!

Noleen Mongoo



"Meeka FM is looking for new volunteers.
Training will be provided where needed
and program times are very flexible.

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Meekatharra's

Community Gym – OPEN

Located at the Indoor Cricket Centre on High Street

State of the art equipment is now set up including a
treadmill, rowing machine, a variety of weights and
much more!

Gym agreements and keys are available from the
Shire office (a fee applies for key holders)

**Entry is permitted to key holders only
between 5am and 10pm daily**



Meeka FM Café Club



Meeka FM Café Club

Every Sunday 10.00am

Meeka FM, Hill Street Meekatharra

Come and join us for fresh coffee, music and much more



Committee Meeting

55 Main Street

Ph: (08) 99 801 811

The Meekatharra Telecentre provides opportunity for individuals & businesses to flourish by providing services like Banking, Video Conferencing, Photocopying, Internet Access etc. Moreover, there is no other business that provides these basic services.

The Telecentre is Community owned & managed. The Management Committee would like to invite people to have a say in the decision making process at their next Committee Meeting.

Where: Meekatharra Telecentre

Five Food Myths BUSTED

1. Myth - Frozen vegetables are less nutritious than fresh vegetables

Fact - Frozen vegetables are just as nutritious, and sometimes more nutritious than fresh vegetables. This is because they are usually frozen within hours of being harvested meaning they retain their high vitamin and mineral content. Fresh vegetables on the other hand, may lose many nutrients during transportation and storage.

2. Myth - Margarine contains less fat than butter

Fact - Both margarine and butter contain similar amounts of fat. The difference between the two has to do with the types of fat they contain. Butter contains higher levels of saturated fat which can raise blood cholesterol, whereas margarines are often higher in polyunsaturated fats and mono-unsaturated fats, and lower in saturated fats, making them a healthier choice.

3. Myth - 'Low-fat' foods are always low in calories

Fact - Just because a food is labeled as being 'low-fat' or 'reduced-fat', doesn't mean it is low in calories or a healthy choice. Such foods can contain the same amount, or even more calories than standard versions. This is because the fat is often replaced with other ingredients such as extra sugar and flour which can be high in calories and lead to weight gain.

4. Myth - Eating carbohydrates causes weight gain

Fact - Carbohydrates do not cause weight gain unless they are a factor in excess calorie consumption. Furthermore, it sometimes seems that carbohydrates cause weight gain because they are often served with sauces and toppings that are high in calories and fat.

5. Myth - Eating late at night promotes weight gain

Fact - It does not matter what time you eat, it is what you eat, how much you eat, and how much exercise you do throughout the day that determines whether you lose, gain or maintain your body weight.

Dangers of Detox

A number of detox diets that claim to shed weight and cleanse the body of toxins, have become very popular in recent years. These diets usually involve fasting of some sort and can mean drinking only water, raw fruit juices or supplement shakes for days, or even weeks at a time.

While some people continue to argue the benefits of detox diets, it is important to be aware of the many dangers that can be involved with reducing calorie-intake to the extreme. Furthermore it is important to remember that detox diets are not an effective long-term solution to weight loss.

Some of the immediate symptoms of detox diets include headaches, dizziness and nausea. While these are only minor symptoms they may lead to falls or accidents due to a lack of concentration when carrying out every day tasks such as climbing the stairs, or driving a car.

When detox diets are taken to extremes and for long periods of time, they can be associated with some other more serious effects such as:

- Dehydration
- Vitamin and mineral deficiency and malnutrition
- Muscle break-down
- Depression
- Anemia
- Diminished immune system
- Cardiac Arrhythmia
- Brain damage

It is important to see your doctor before embarking on any new diet.



Tennis Elbow

'Tennis elbow' or lateral epicondylitis is a common overuse injury that leads to soreness or pain on the outside of the elbow.

Although typically associated with tennis playing, the injury can occur as a result of any activity that involves repetitive motions of the wrist or forearm. Anyone can be affected but the two main groups are sports participants and manual labourers.

The pain associated with 'tennis elbow' usually has a gradual onset but can also occur quite suddenly. The most common symptoms are pain on the outside of the elbow that worsens when grasping objects and cocking the wrist back, and pain radiating down the forearm.

Treatment

If you feel any of these symptoms it is advisable to stop what you are doing and rest your arm for a few days. If symptoms persist however, you should see your doctor or physiotherapist who may recommend some of the following treatments:

- Anti-inflammatory medications such as ibuprofen
- Cortisone injections
- Use of an elbow brace
- Flexibility and strengthening exercises
- In severe cases, surgery may be necessary

Prevention

There are a number of measures that can be taken to reduce the risk of injury occurring:

- Use correct techniques and suitable equipment when playing sports
- Warm-up and cool-down thoroughly before and after playing sports
- Do regular flexibility and strengthening exercises as recommended by your doctor or physiotherapist
- If possible, avoid or adjust any tasks that involves repetitive motions of the wrist and forearm

INTERVAL *Training*



Interval training is physical exercise that consists of bursts of high intensity activity alternated with periods of rest or low intensity activity. It can be undertaken using any type of cardiovascular exercise such as walking, running, cycling or swimming. It has become an extremely popular form of training with both professional athletes and recreational exercisers who want to improve aerobic capacity and endurance.

Interval training makes use of the body's two energy production systems: the aerobic and the anaerobic. Your aerobic system draws energy from oxygen, which converts carbohydrates into energy. This is the type of energy that allows you to walk, cycle or run for long periods of time.

Your anaerobic system draws energy from the carbohydrate stores in your muscles, meaning you can engage in short and quick bursts of activity such as sprinting and jumping, without the use of oxygen.

During the bursts of high intensity activity during interval training, your muscles produce lactic acid which can build up and cause your muscles to ache and burn. By including a rest or recovery period in between these bursts, you can reduce lactic acid build up meaning you can train for longer.

Other benefits of interval training:

- Improve cardiovascular fitness
- Increase speed
- Improve overall aerobic power
- Burn more calories
- Help avoid injury that often accompanies non-stop, repetitive activities
- Increase workout duration and intensity

Tips for Interval Training

- Warm up thoroughly before interval training
- Start slowly e.g. 2 minutes of walking, followed by 2 minutes of running, and repeat.
- Keep a steady but challenging pace throughout the interval
- Increase the number of repetitions gradually over time
- Increase the intensity of the interval gradually over time
- Increase the duration of the interval gradually over time
- Bring your heart rate down to 100-110 bpm during the rest interval
- Set training goals that are within your ability
- Cool down thoroughly after interval training

It is recommended that you consult an athletic trainer, coach or personal trainer before embarking on an interval training program.



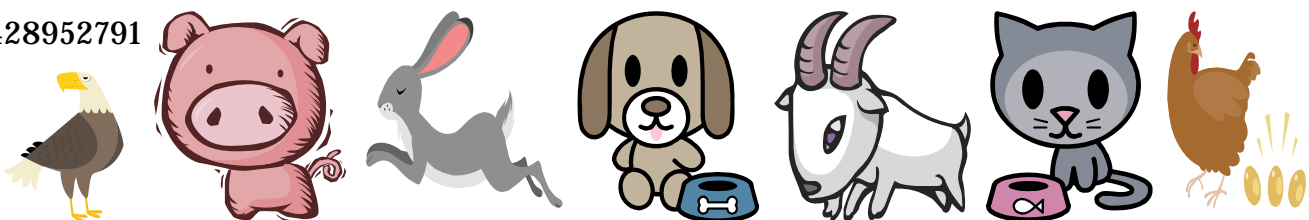
Sung to the tune of the 12 days of xmas...

On the first day of xmas the people gave to me: A pigeon sitting cooing
 On the second day of xmas the people gave to me: 2 broken eagles and a pigeon sitting cooing
 On the third day of xmas the people gave to me: 3 baby pigs, 2 broken eagles and a pigeon sitting cooing
 On the fourth day of xmas the people gave to me: 4+50 roos, 3 baby pigs, 2 broken eagles and a pigeon sitting cooing.
 On the fifth day of xmas the people gave to me: 5 feral bunnies, 4+50 roos, 3 baby pigs, 2 broken eagles and a pigeon sitting cooing.
 On the sixth day of xmas the people gave to me: 6 flighty finches, 5 feral bunnies, 4+ 50 roos, 3 baby pigs, 2 broken eagles and a pigeon sitting cooing.
 On the seventh day of xmas the people gave to me: 7 dogs a barking, 6 flighty finches, 5 feral bunnies, 4+ 50 roos, 3 baby pigs, 2 broken eagles and a pigeon sitting cooing.
 On the eighth day of xmas the people gave to me: 8 wiry weerios, 7 dogs a barking, 6 flighty finches, 5 feral bunnies, 4+ 50 roos, 3 baby pigs, 2 broken eagles and a pigeon sitting cooing.
 On the ninth day of xmas the people gave to me: 9 bloody goats, 8 wiry weerios, 7 dogs a barking, 6 flighty finches, 5 feral bunnies, 4+ 50 roos, 3 baby pigs, 2 broken eagles and a pigeon sitting cooing.
 On the tenth day of xmas the people gave to me 10 cats meowing, 9 bloody goats, 8 wiry weerios, 7 dogs a barking, 6 flighty finches, 5 feral bunnies, 4+50 roos, 3 baby pigs, 2 broken eagles and a pigeon sitting cooing.
 On the eleventh day of xmas the people gave to me 11 hens a laying, 10 cats meowing, 9 bloody goats, 8 wiry weerios, 7 dogs a barking, 6 flighty finches, 5 feral bunnies, 4+ 50 roos, 3 baby pigs, 2 broken eagles and a pigeon sitting cooing.
 On the twelfth day of xmas the people gave to me 12 hungry kids, 11 hens a laying, 10 cats meowing, 9 bloody goats, 8 wiry weerios, 7 dogs a barking, 6 flighty finches, 5 feral bunnies, 4+ 50 roos, 3 baby pigs, 2 broken eagles and a pigeon sitting cooing.

I hope every one had a great Christmas and a better New Year. The heat is here again. I know I'm having trouble keeping animals cool. Remember plenty of water, shade and a hose down helps, for the birds I'm spraying to help cool them down. Its not only pets to worry about; put water out for the birds they to are feeling the heat. Its good to see that people are putting water out for the other animals also. On a sad and angry note If you are going away get a reliable person to look after your animals and the other bug bear is people moving away and dumping their animals. Hopefully this year will be better for the animals; hopefully no cruelty.

Jo Burgemeister

0428952791





Pastoral



Transport



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Woolibar from the Bush for the Bush

Media Article Supporting Launch of OPR Newsletter.

Sign Up for Oakajee Port and Rail

Geraldton based business South Sea Logistics, will be on desktops and in mailboxes throughout the State this week, as the company features in the first edition of a newsletter about the Oakajee port and rail project.

South Sea Logistics is one of more than 40 local businesses already benefiting by providing services to Oakajee Port and Rail (OPR), the developer of the deepwater port and rail project.

The newsletter, Oakajee Quarter, is designed to inform people about the work underway and completed as the project progresses its feasibility studies.

"Engineering studies, hydrology investigations and environment surveys are just some of the works underway," says Kim Pervan, Community and Public Relations Manager at OPR.

"This newsletter is to inform people interested in the project that work is progressing and we are tracking toward financial close and project go-ahead, a decision due late 2010, early 2011."

The newsletter is produced as both a hardcopy and an eNewsletter, and mid-west residents wishing to read about progress of the project can register to receive it by visiting www.opandr.com

The Oakajee port and rail project will create a deepwater port, 25 kilometres north of Geraldton, linked to mid west miners by approximately 570 kilometres of railway.

The project will reduced the delivered cost to market of mid-west ore and create up to 2000 direct jobs during construction and up to 400 once operational.



Skipper's Flight Schedule PERTH TO MEEKATHARRA

Sunday

No Flights Scheduled

Monday

Flight No	Depart	Time	Arrive	Time
JW1941	Perth	7.00AM	Meekatharra	8.35AM
	Meekatharra	9.05AM	Mount Magnet	9.35AM
	Mount Magnet	10.05AM	Perth	11.20AM

Tuesday

Flight No	Depart	Time	Arrive	Time
JW1940	Perth	10.30AM	Mount Magnet	11.45AM
	Mount Magnet	12.15AM	Meekatharra	12.45PM
	Meekatharra	1.15PM	Perth	2.50PM

Wednesday

Flight No	Depart	Time	Arrive	Time
JW1941	Perth	7.00AM	Meekatharra	8.35AM
	Meekatharra	9.05AM	Mount Magnet	9.35AM
	Mount Magnet	10.05AM	Perth	11.20AM

Thursday

Flight No	Depart	Time	Arrive	Time
JW1943	Perth	10.30AM	Meekatharra	12.10PM
	Meekatharra	12.40PM	Perth	2.20PM

Friday

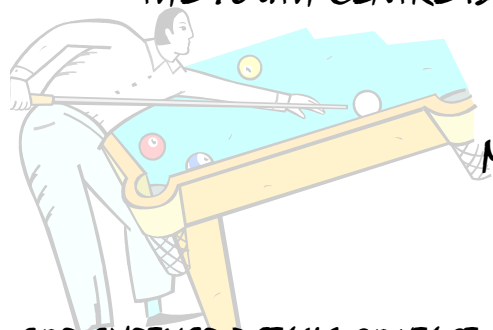
Flight No	Depart	Time	Arrive	Time
JW1941	Perth	12.30PM	Meekatharra	2.05PM
	Meekatharra	2.35PM	Mount Magnet	3.05PM
	Mount Magnet	3.35PM	Perth	4.50PM

Saturday

No Flights Scheduled

YOUTH CENTRE HOURS

THE YOUTH CENTRE IS OPEN WEEKDAY'S AFTER SCHOOL



MON - FRI: 3.00 - 5.00PM

MON NIGHT: 6.00 - 8.00PM

FRI NIGHT: 6.00—8.00PM



FOR FURTHER DETAILS CONTACT ANT ON: 0438 993 013 OR ELAINE ON: 0439 909 738



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**** NOW OPEN ****

OPENING HOURS

Monday—Sunday 10am-late

Janet's Kitchen Menu

Chinese Meals

Hamburgers / Steak Burgers

Fish & Chips/ Seafood Baskets

Pizza

Main Meals including Steak, Chicken & Seafood

Dine-in or Take Away

Phone Orders Welcome

Monday—Sunday

Lunch 10am–2pm

Dinner 5pm–10pm

Donation of Aboriginal Art Paintings are needed

Something For The Adults

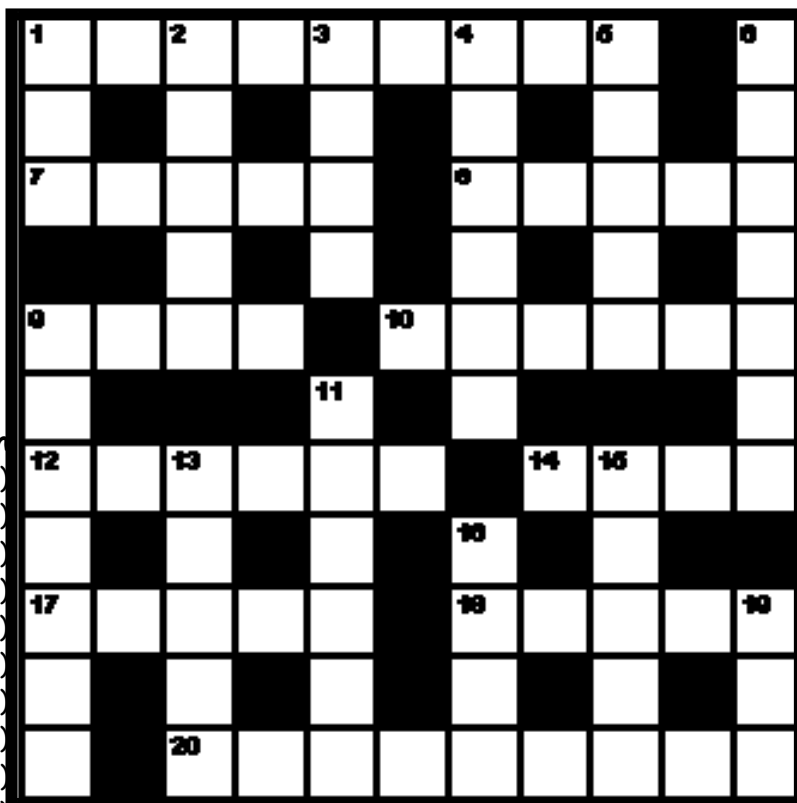
December Crossword

Across

1. Molecules (9)
7. Spear (5)
8. Arithmetical operation (5)
9. Light fog (4)
10. Reply (6)
12. Ploy (6)
14. Matured (4)
17. Debate (5)
18. Tip over (5)
20. Study of the universe (9)

Down

1. Buddy (3)
2. Parts of a ladder (5)
3. Mountain goat (4)
4. Dirge (6)
5. Tendon (5)
6. Made certain (7)
9. Tycoon (7)
11. Turn aside (6)
13. Molten rock (5)
15. Zest (5)
16. Japanese wrestler (4)
19. Plaything (3)



November Crossword
Solution

Z	E	B	R	A		A	O	R	T	A
E				S		J				I
A	R	C		T	R	A	C	T	O	R
L		O		U		R		E		
O	R	N	A	T	E		S	N	A	P
U		C		E		V		A		O
S	T	E	M		T	I	M	B	E	R
	D		E		O		L		T	
U	T	E	N	S	I	L		E	R	R
R				P		I				A
N	A	S	T	Y		N	O	I	S	Y

December Sudoku

	8		3	9			5	6
1		9				4	3	7
	3	6			1	2		
			5	8				
3			2	1	7			8
				4	6			
		5	8			3	1	
7	9	1				8		2
8	4			6	2		7	

Sudoku is the logic based number game, also know as number place. The game is simple to play with the aim being to fill the empty cells of the Sodoku grid so that each column, row and 3x3 grid contain the digits 1 to 9.

8	9	2	6	7	1	5	4	3
7	6	5	2	4	3	8	9	1
3	1	4	8	5	9	7	2	6
6	5	1	3	2	4	9	7	8
9	8	3	5	6	7	4	1	2
4	2	7	9	1	8	6	3	5
2	7	8	4	3	6	1	5	9
1	3	9	7	8	5	2	6	4
5	4	6	1	9	2	3	8	7

November Sudoku
Solution



The Great Australian Trivia Test



Questions are worth 1, 2 or 3 points each, depending on the level of difficulty, for a grand total of 60. Once you've finished, check out how you did on the Answers at the bottom. You must score at least 45 to be considered a true Australian trivia champion!

Easy (1 point each)

1. Which pop star played the title role in the 2006 film *Hating Alison Ashley*?
2. What is the floral emblem of Australia?
3. What is Australia's largest inland city?
4. What Aboriginal term for a waterhole is also the name of an Australian clothing company?
5. What do the letters of the television network SBS stand for?
6. What is the name of the original yellow Wiggle?
7. Which bushranger did Sidney Nolan portray in a series of paintings he created in 1946-47?
8. What was the name of the cyclone that devastated Darwin on Christmas Day 1974?
9. What finished second to 'Advance Australia Fair' in the 1977 referendum to choose a national song?
10. What natural disaster killed 13 people in Newcastle on December 28, 1989?

Medium (2 points each)

1. Which eminent heart surgeon was murdered in Sydney on July 4, 1991?
2. Which former prime minister once managed a rock band called The Ramrods?
3. What does ASIC stand for?
4. In which city did Australia's first legal casino open for business in 1973?
5. Which American evangelist visited Australia in 1959, attracting over 3 million people to his 'crusades'?
6. What worldwide pandemic killed more than 12,000 Australians in 1919?
7. In which South Australian opal-mining town do many residents live underground to escape the heat?
8. Who was Dannii Minogue's first husband?
9. What was the name of the overweight father in the 'Life. Be in It' campaign launched in 1975?
10. Who won silver in the men's 200-metre freestyle at the Sydney Olympics?

Hard (3 points each)

1. What is the common name of *Ornithorhynchus anatinus*?
2. Who won the British Open women's squash title a record 16 times?
3. Which Eureka Stockade leader went on to serve as Speaker of the Victorian Parliament?
4. What was the name of the character played by Mel Gibson in *Gallipoli*?
5. Which former pearling port is the most westerly town in Western Australia?
6. Who became the first Australian of the Year, in 1960?
7. Which opera singer also won the New South Wales golf championship three times?
8. Which Queensland city was known as Elston until 1933?
9. What was the first album to sell more than one million copies in Australia?
10. Who was the first Australian-born governor-general?

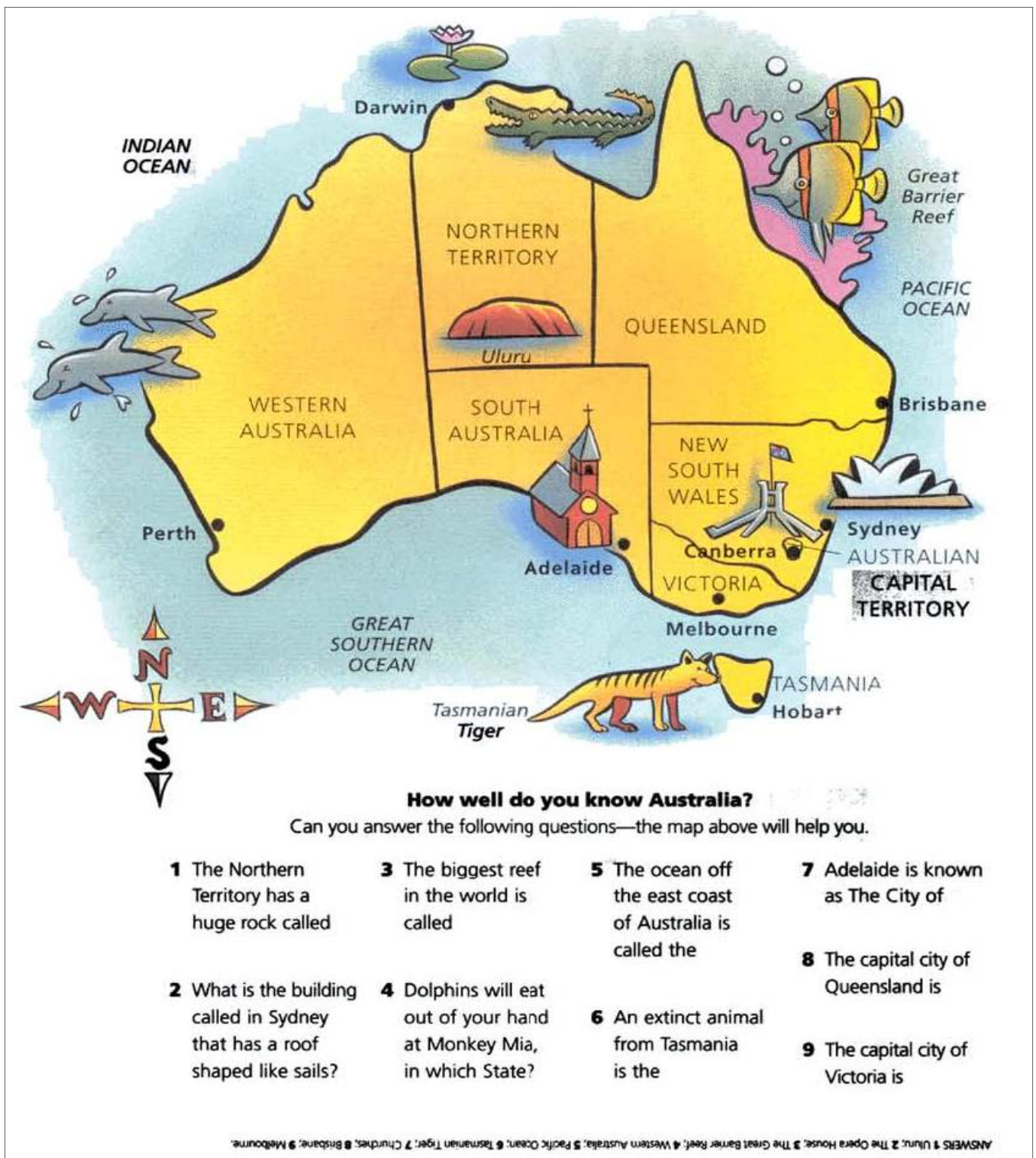
ANSWERS

Easy: 1. Delta Goodrem 2. Wattle 3. Canberra 4. Billabong 5. Special Broadcasting Service 6. Greg Page 7. Ned Kelly 8. Tracy 9. 'Waltzing Matilda' 10. An Earthquake / Medium: 1. Dr Victor Chang 2. Paul Keating 3. Australian Securities and Investments Commission 4. Hobart 5. Billy Graham 6. Spanish Flu 7. Coober Pedy 8. Julian McMahon 9. Norm 10. Ian Thorpe / Hard: 1. Platypus 2. Heather McKay 3. Peter Lalor 4. Frank Dunne 5. Denham 6. Sir Macfarlane Burnet 7. Joan Hammond 8. Surfers Paradise 9. 'Whispering' Jack by John Farnham 10. Isaac Isaacs

For The Kids

AUSTRALIA DAY COLOURING PAGE





Jokes

Why do Kangaroo mums hate bad weather?
Their joeys have to play inside.

What do you call a bunch of Barbies standing in a row? A Barbie Queue

What do you call a boomerang that wont come back? A stick

What animal can jump higher than the Sydney Harbour Bridge? All animals because bridge's cant jump!

Why did the emu cross the road ?
To prove he wasn't chicken

Where do sheep get their hair cut?
At the baa baa shop



Australian Animals Word Search



bandicoot

crocodile

dingo

echidna

emu

kangaroo

koala

kookaburra

platypus

possum

wallaby

wombat



LIMESCALE...?



HydroFLOW

...the break through in electronic water technology

Clip on - switch on - and say goodbye to limescale (calcium).

Yes it's that easy - no more blocked water pipes, shower roses or clogged filter pads on evap coolers, or damaged hot water systems.

Simplicity itself, one unit for all sizes of domestic plumbing.

No maintenance - no chemicals - just fit and forget.

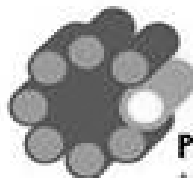
The low voltage (12V) signal being transmitted through the water is protecting the system 24 hours a day.

(Works up and down stream - even when there's no water flowing)

Extends the life of the entire plumbing and heating system.

Commercial units available for industrial situations.

www.hydropath.com



LIMESCALE AUSTRALIA

Peter Ramsay MEMBER

Australia/New Zealand Distributor

Phone : 0400 492 001

Email : limescaleaustralia@bigpond.com

PO Box 119 Applecross, Western Australia 6953

HydroFLOW uses patented technology designed and manufactured in the UK by HydroPath LTD, (Nottingham, United Kingdom NG7 2TR), distributed in Australia by Limescale Australia.

Meekatharra Agent for Limescale Australia is

Dennis "Splinter" Shaw J.P. PH: 9981 1223

ARRIVAL AND DEPARTURE POINTS

Perth	PER	Wellington Street Bus Station
Midland	MID	Midland Train and Bus Station
New Norcia	NCA	Gull Road House
Walebing	WBG	General Store
Miling	MLG	Newsagency
Dalwallinu	DWU	BP Roadhouse
Wubin	WUB	BP Roadhouse
Mt. Gibson	MTG	Turn Off
Paynes Find	PYF	Paynes Find Roadhouse
Mt. Magnet	MMG	Swagman Shell Roadhouse
Cue	CUY	Bell & Co
Bluebird Mine	BBM	Turn Off
Meekatharra	MKR	BP Corner Store
Karalundi	KLU	Turn Off
Plutonic Mine	PUM	Turn Off
Kumarina	KMN	Kumarina Roadhouse
BP Newman	BNE	BP Roadhouse
Newman	ZNE	Visitor Centre
Wittenoom t/o	WIT	Turn Off, Auski Road House
South Hedland	SHE	South Hedland Shopping Centre
Port Hedland	PHE	Port Hedland Visitor Centre

INTEGRITY COACH LINES

*Comfort, reliability and personalised service
at the best possible price.
The way it should be!*

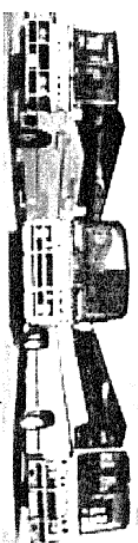
Most Common fares:

ONE WAY PERTH to	Adult	YHA/VIP ISC/HCC	National Student	WA Snr/ Pensioner
Mt. Magnet	\$95	\$86	\$76	\$48
Cue	\$107	\$96	\$86	\$54
Meekatharra	\$124	\$112	\$99	\$62
Karalundi	\$144	\$130	\$115	\$101
Newman & Wittenoom t/o	\$214	\$193	\$171	\$150
Port & South Hedland	\$232	\$209	\$186	\$162

- Ticket valid for one year from date of issue.
- Children fares available.
- We do accept Department of Transport Free Vouchers for travel between Perth and Meekatharra.
- Fares Subject to change

Western Australian owned,
we know what's happening in our state.

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GO WITH INTEGRITY!**



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- ☒ Personalised Service
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Departure from:

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iclperth@inet.net.au

www.integritycoachlines.com.au

PERTH * MT.MAGNET * CUE * MEEKATHARRA * NEWMAN * PORT HEDLAND * SOUTH HEDLAND

PERTH TO PORT HEDLAND			
via Great Northern Highway			
Code	Service #	IC40	Wednesday
PER	Perth	Dep	9:00 PM
MID	Midland		9:30 PM
NCA	New Norcia		10:55 PM
WBG	Walebing		11:20 PM
MLG	Miling		11:50 PM
Thursday			
DWU	Dalwallinu		12:25 AM
WUB	Wubin	Arr	12:50 AM
		Dep	1:10 AM
MTG	Mount Gibson		1:45 AM
PYF	Paynes Find		2:45 AM
MMG	Mt. Magnet	Arr	4:30 AM
		Dep	5:00 AM
CUY	Cue		6:00 AM
BBM	Bluebird Mine		6:45 AM
MKR	Meekatharra	Arr	7:20 AM
		Dep	8:00 AM
KLU	Karalundi		8:45 AM
PUM	Plutonic Mine		10:05 AM
KMN	Kumarina	Arr	10:50 AM
		Dep	11:15 AM
ZNE	Newman Visitor Centre	*Arr	1:05 PM
BNE	BP Newman	Arr	1:10 PM
		Dep	1:30 PM
ZNE	Newman Visitor Centre	*Dep	1:40 PM
WIT	Auski Road House	Arr	3:50 PM
		Dep	4:10 PM
SHE	South Hedland		6:40 PM
PHE	Port Hedland	Arr	7:00 PM

PORT HEDLAND TO PERTH			
via Great Northern Highway			
Code	Service #	IC41	Friday
PHE	Port Hedland	Dep	9:00 AM
SHE	South Hedland		9:30 AM
WIT	Auski Road House	Arr	12:00 PM
		Dep	12:45 PM
ZNE	Newman Visitor Centre	*Arr	2:50 PM
BNE	BP Newman	Arr	2:55 PM
		Dep	3:20 PM
ZNE	Newman Visitor Centre	*Dep	3:30 PM
KMN	Kumarina	Arr	5:10 PM
		Dep	6:00 PM
PUM	Plutonic Mine		6:50 PM
KLU	Karalundi		8:10 PM
MKR	Meekatharra	Arr	8:55 PM
		Dep	9:10 PM
BBM	Bluebird Mine		9:20 PM
CUY	Cue		10:15 PM
MMG	Mt. Magnet	Arr	11:10 PM
		Dep	11:30 PM
Saturday			
PYF	Paynes Find		1:05 AM
MTG	Mt. Gibson		2:00 AM
WUB	Wubin	Arr	2:45 AM
		Dep	2:50 AM
DWU	Dalwallinu		3:10 AM
MLG	Miling		3:50 AM
WBG	Walebing		4:15 AM
NCA	New Norcia		4:40 AM
MID	Midland		6:00 AM
PER	Perth	Arr	6:30 AM

* Please be aware: Newman Visitor Centre is on the timetable twice!
The Arrival time is **before** and the departure time is **after** the comfort stop at BP Newman

Effective 3rd September 2008

Please be at departure point **30 minutes before departure time.**
Luggage allowance = 2 suitcases up to 20kg
+ small lightweight bag (on board)

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***For Integrity Bookings Please Call (08) 95 746 707
or call in & see Russell at the Meekatharra Post***

January 2010

Frontier Services Murchison Patrol:

Happy New Year and may 2010 be a great year all round, I look forward to touching base with many of you over the next twelve months.



Pancake Day in Meeka: Once again we at the Community Church (Frontier Services) plan to sell pancakes on **Thursday 18 February '10** in front of the Commercial Hotel – so start saving your \$2 coins because they will be yummy. All monies raised on Pancake Day's across WA help to provide grants to a variety of projects which in turn; help local communities. In the past two years Meekatharra has received over \$2000.00 from Pancake Day, this year support goes to the Youth Centre.

Christmas in Meeka:

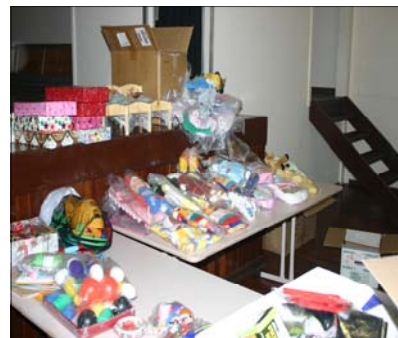
Carols by Candlelight: On Sunday night 20th December '09 Stella, Alastair and I collected sausages, bread and Christmas stockings for the children to celebrate Carols by candlelight on the lawns of the Hospital, although it did seem at one point that we may have to run for cover as the late afternoon sky turned horribly black. But in true 'bush spirit' we just kept cooking.... Tamika King led the carols and the children sang along with her while others gave 'us' a special inside into what carols they knew. Thank you to all who supported the evening.



Christmas Hampers: Monday morning saw many helpers at the Meeka Shire Hall ready to pack 200 Hampers. These hampers were available to anyone who has a Health Care Card, plus completed an application form in the four weeks prior to Christmas.. Many thanks must go to all who assisted on the day; Farmer Jacks for their dedication to ordering and making sure all arrived on time, their 'add-on' donations for both events are appreciated. The Shire of Meekatharra for their gift to the community of 400 calico bags and the use of the Hall; hopefully those who received these calico bags will use them when you shop, saving on the plastic bags.

Most importantly a Frontier Services gives a round of applause to LotteryWest for their donation of monies. These funds assisted in purchasing the food, each hamper was valued at around \$70.00, and to the many people in the city who donated gifts for the children and Toll who transported them to us free of charge. A huge effort Thank you one and all.





And finally a message from the pulpit: Special Days January 6th was Epiphany. Twelve days after Christmas the church remembers the visit of the magi to the Christ Child.

According to the gospel of Matthew, sages from the East came to Jerusalem seeking the child. They observed a new star rising and followed it to find the newborn king of the Jews. The word epiphany simply means "*manifestation*" or "*sudden appearing*". During the Season after the Epiphany, which lasts from January 6th until the beginning of Lent (Easter), the church focuses on making Christ known to the world, reading stories of call, prophecy, and discipleship. Many churches observe the feast of the Epiphany on the Sunday prior, which this year fell on January 3rd.

The Church will reopen on Sunday 21 February 2010.

Blessings,

**Rev. Lesley deGrussa-Macaulay, 67 Darlot Street, Meekatharra (or PO Box 14),
P: 08 9981 1053, M: 0417 918 035.**



Weekly Church Services:

Meekatharra Community Church Frontier Services

65-67 Darlot Street, Meekatharra.

Weekly Sunday Services: 9am
Communion: 1st Sunday each month

Sunday 3 January 9am
Sunday 10 January 9am

Holidays – reopen February 2010

Contact: Rev. Lesley deGrussa-Macaulay
Phone (08) 9981 1053 or Mobile 0417 918 035

WHAT'S COOKING

Homemade Meat Pies

Ingredients (Makes 4)

- 1 tablespoon corn flour
- 1/4 cup tomato sauce
- 2 tablespoons Worcestershire sauce
- 1 teaspoon Vegemite
- 1 tablespoon olive oil
- 1 large brown onion, finely chopped
- 500g beef mince
- 2 sheets frozen ready-rolled short crust pastry, thawed
- 2 sheets frozen ready-rolled puff pastry, thawed



Method

1. Combine corn flour, 1/2 cup water, tomato sauce, Worcestershire sauce, Vegemite and salt and pepper in a jug. Mix until Vegemite is dissolved.
2. Heat oil in a large, non-stick frying pan over medium heat. Add onion and cook for 3 to 4 minutes or until soft. Increase heat to high. Add mince and cook, stirring with a wooden spoon, for 4 minutes or until browned. Stir in sauce mixture. Bring to the boil, stirring occasionally. Reduce heat to low. Simmer for 5 minutes or until thick. Set aside to cool completely.
3. Place a baking tray in oven. Preheat tray and oven to 200°C. Grease four 1-cup capacity pie tins. Cut two 14cm rounds from each short crust pastry sheet. Use to line base and sides of pie tins. Spoon mince mixture into pastry shells. Brush pastry edges with cold water. Cut two 12cm rounds from each puff pastry sheet. Use to cover filling, pressing pastry edges together with a fork to seal. Brush tops with egg.

Place pies on hot baking tray. Bake for 25 to 30 minutes or until golden. Stand in tins for 5 minutes before serving.

Giant Anzac Biscuits

Ingredients (Makes 8)

- 1 cup plain flour
- 1 cup rolled oats
- 1 cup desiccated coconut
- 3/4 cup brown sugar
- 125g butter, chopped
- 2 tablespoons golden syrup
- 1 teaspoon bicarbonate of soda



Method

1. Preheat oven to 180°C. Line 2 baking trays with non-stick baking paper. Sift flour into a large bowl. Stir in oats, coconut and sugar.
2. Place butter and golden syrup in a small saucepan over medium-low heat. Stir until melted. Remove from heat. Combine bicarbonate of soda and 2 tablespoons water in a small bowl. Stir into golden syrup mixture (mixture might become frothy). Add immediately to flour mixture and stir until well combined.
3. Roll mixture, 1/4 cup at a time, into balls. Place 4 biscuits on each baking tray. Flatten to about 12cm (diameter) round, allowing room for biscuits to spread. Bake for 15 to 18 minutes, swapping trays after 10 minutes, or until biscuits are golden. Allow biscuits to cool completely on trays. Serve.

WEATHER



Australian Government

Bureau of Meteorology

Meekatharra's Weather

December 2009

Daytime maximum temperatures and overnight minimum temperatures were close to average for the month of December. The extremes for the month occurred on the 29th (a hot 43.4°C) and the coldest night was the 9th when the temperature dropped to 17.3°C.

The total December rainfall amount was 4mm, resulting from thunderstorms on 5 days of the month. The yearly total for 2009 was 119mm, much lower than the 2008 total of 302mm. The average yearly rainfall for Meekatharra is 235mm.

Monthly Statistics – December 2009:

Warmest Day: 43.4°C on the 29th
Coldest Day: 32.4°C on the 8th

Average Max: 38.5°C

Warmest Night: 27.5°C on the 29th
Coldest Night: 17.3°C on the 9th

Average Min: 23.7°C

What to expect in January:

Average Daily Maximum: 38.3°C

Average Daily Minimum: 24.3°C

Average Monthly Rainfall: 27.5mm

What to expect in February:

Average Daily Maximum: 36.6°C

Average Daily Minimum: 23.7°C

Average Monthly Rainfall: 35.9mm

Meekatharra Meteorological Office

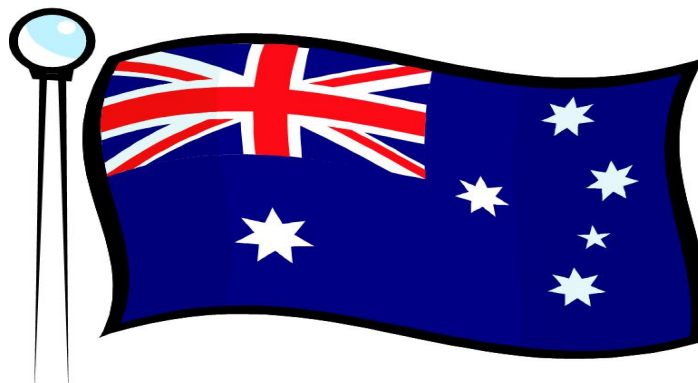
Submitted by Clint Weaver

www.bom.gov.au

Events Calendar

January

- ☑ Telecentre Committee Meeting—Tuesday 12th
- ☑ Ordinary Council Meeting—Saturday 16th
- ☑ Meekatharra Speedway—Saturday 23rd
- ☑ Australia Day—Tuesday 26th
- ☑ Australia Day Pool Party—Tuesday 26th
- ☑ Festival Committee Meeting—Wednesday 27th



Next Issue...

Closing Date: 27th January

Publishing Date: 29th January