



Meekatharra Dust

Issue Number 235—May 2012

Cost \$ 2.00 incl. GST



Easter at the KAD safe house



NOTE FROM THE EDITOR

Hi Readers

Hopefully everyone had a relaxing and enjoyable Easter long weekend.

Please make your way down to the Market Stalls on the 12th May to help raise funds for the upcoming Meeka Festival. Any donations are welcome at the Shire.

Don't forget to spoil your mum this mothers day!

-Sam



'The Meekatharra Dust' is a non-profit community newspaper.

Articles or advertisements can be posted to

PO Box 315 Meekatharra,
faxed on

(08) 9981 1505

or left at the Shire Office

Or try emailing us at
finance@meekashire.wa.gov.au

Advertising Rates:

Size	B & W	Colour
Full Page	\$46.50	\$66
Half Page	\$23.80	\$38.50
Quarter Page	\$14.70	\$22.00
Eighth Page	\$12.45	\$16.50

KEEP UP TO DATE WITH WHAT'S HAPPENING IN YOUR COMMUNITY !

The Meekatharra Dust SUBSCRIPTION

If you would like to
subscribe to
"The Meekatharra Dust"
simply complete the form
below and send with your
payment to:

CO-ORDINATOR

"The Meekatharra Dust"
PO BOX 315
Meekatharra WA 6642

NAME: _____

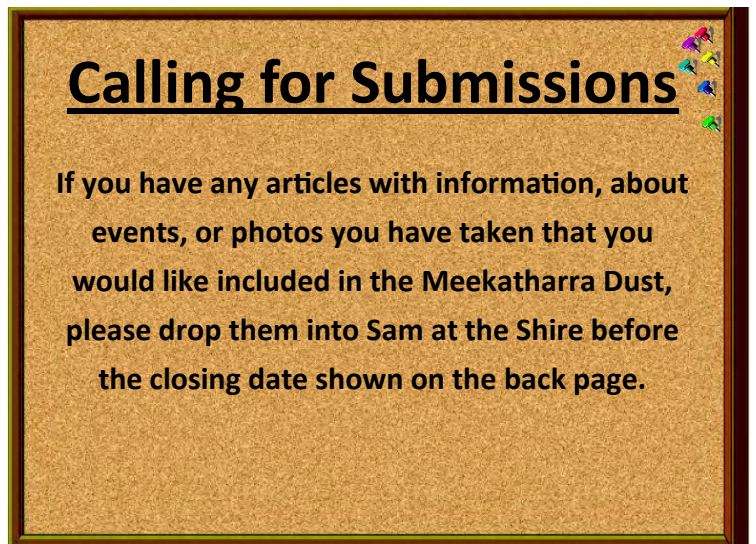
POSTAL ADDRESS _____

DATE: _____

Subscriptions are:

- (1) Address in WA: \$33.00 (inc GST)
- (2) Address in other States \$38.50 (inc GST)

Subscriptions are for a 12 month period
from the date stated on your form.



May 1st - Interagency Meeting 3pm at the Shire

May 5th - Anskick Registration Day

May 8th - CRC meeting – 5pm

May 10th –Meeka FM Meeting 6pm Commie

May 12th - Market Stalls – Welcome Park 9.30am – 12pm

May 13th - Mother's Day

May 19th – Ordinary Council Meeting

May 26th - Charades night – Shire Hall 6.30pm

Note from Council

All items to be presented at Council Meetings need to be submitted to Shire Staff two weeks prior to Council Meeting dates. All items received after this time will be held for further consideration.

Disclaimer: The Meekatharra Dust is a publication of the Shire of Meekatharra.

The Shire of Meekatharra, staff and councillors, take no responsibility for accuracy of or omissions in any material published.

Information contained within the Meekatharra Dust does not necessarily reflect the views of The Shire of Meekatharra or its employees or councillors.

Meekatharra Library

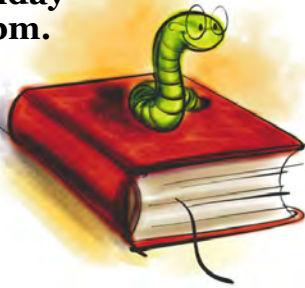
Did you know we get a new exchange of books every month? Come in and check out what is new this month!

If there is a particular novel or author you are interested in, we can request these for you, just pop in to the Shire office.

Please note that you must be an existing member of the library to order in books.

Located in the Shire Office

**The Library is open:
Monday to Friday
8 am to 4.30 pm.**

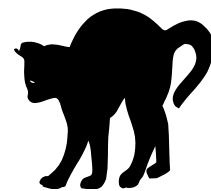


We have a number of library books and DVDs that have not been returned and are overdue. Please could you check that you have returned all overdue library items.

Thank you

Newman Vet

Meekatharra



Dr. Rick Fenny

Located at **Paddy's Flat**

For appointments phone: **9175 1309** or

0408 936 061

EMERGENCY ADVICE : 9175 1309

or Dalkeith Veterinary Clinic on **9386 6277**

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Call Roy on 0427374102 or Anita on 0400761747



CRAZY'S SPIC & SPAN IS NOW OFFERING MOBILE DOG WASHING



Available on Saturdays
Please ring **0428 952 791** for Bookings

1 Dog \$30

2 Dogs \$55

3 or more \$24 per dog

Nail Clipping \$10

Pensioner Rates:

\$25 per dog

Small Dogs \$20



Also offers own home pet minding service including watering plants
\$30 per visit



The Meekatharra Dust

May 2012

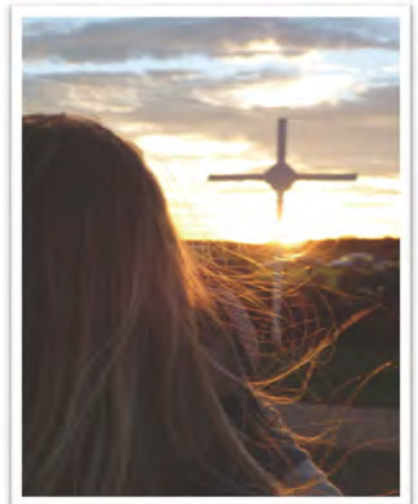


Anzac Day 2012



A moving dawn ceremony was held at Paddy's Flat, followed by a trench breakfast generously provided by our proud veterans and VLA members.

Photographs by Anna Johnson



*"The poppies, child,
are flowers of love
for the men and women
who marched away."*



LEST WE FORGET



Hassle FREE Taxation Returns

*prepared professionally
on the spot....*

**Ben Muller will be at the
Auski Hotel, Meekatharra
from 4pm Friday 27th July
until 6pm Monday 30th July.**

**Individual returns from \$178
(incl. GST), 14 day refund
guaranteed...**

**Book your appointment
today!**

Muller Accounting

e-mail: ben@mulleraccounting.com.au
www.mulleraccounting.com.au

Make your appointment today...



**Call Ben on
(08) 9443 7133**

- **Tax returns professionally completed for individuals, partnerships, trusts & companies;**
- **Taxation advice;**
- **Prior year tax returns; and**
- **Self Managed Super Funds Accounts, Tax Returns & Audits;**

**Appointments are
strictly limited so
call today!**

Muller Accounting

e-mail: ben@mulleraccounting.com.au
www.mulleraccounting.com.au

PUBLIC NOTICES

Meeka FM would like to invite any interested people to attend a special general meeting, at the Commercial Hotel dining room, At 6pm on Thursday 10th May to discuss the future of Community Radio in Meekatharra.

Bookings are essential for catering purposes, Please call Anita on 0400761747



Yulella Aboriginal Corporation

Invite you to

**"Take part in the making
of a children's book"**



We are looking for parents/carers and anyone in the Meekatharra community to be part of a project that will result in the development of a children's book about the importance of the early years and giving our kids the best start in life!

The workshop sessions will be delivered by the Geraldton Regional Community Education Centre through the Parental and Community Engagement (PaCE) program

For information about the next sessions please contact

**Geraldton Regional Community
Education Centre**

9921 4855

Jacquie Keogh

jacquie@edcentre.wa.edu.au

Rose Magro

rose@edcentre.wa.edu.au

or

Clondic at Yulella

9980 1339

**Or drop in to the Yulella office on
Marmont Street**

Next workshop date

**Wednesday 9th May
2012**

9am - 12pm

**At Yulella
Marmont Street**

**Lunch Provided
Transport Available**



**YULELLA INC. is now the local BOC
gas agent**

Open 12pm-3pm weekdays

PHONE 99081339 for all enquiries



DOG CONTROL

**WHEN WALKING YOUR DOGS ON THE
TOWN OVAL THEY MUST BE ON A
LEASH AT ALL TIMES AND HELD BY
YOU, THE OWNER.**

**YOU MUST BE IN COMPLETE
CONTROL OF YOUR ANIMAL AT ALL
TIMES AND DISPOSE OF ANY
DROPPINGS IN THE RUBBISH BINS
PROVIDED BY THE COUNCIL.**

Thank you, Meekatharra Shire



**Oakajee
Port & Rail**

EXHIBITION DETAILS

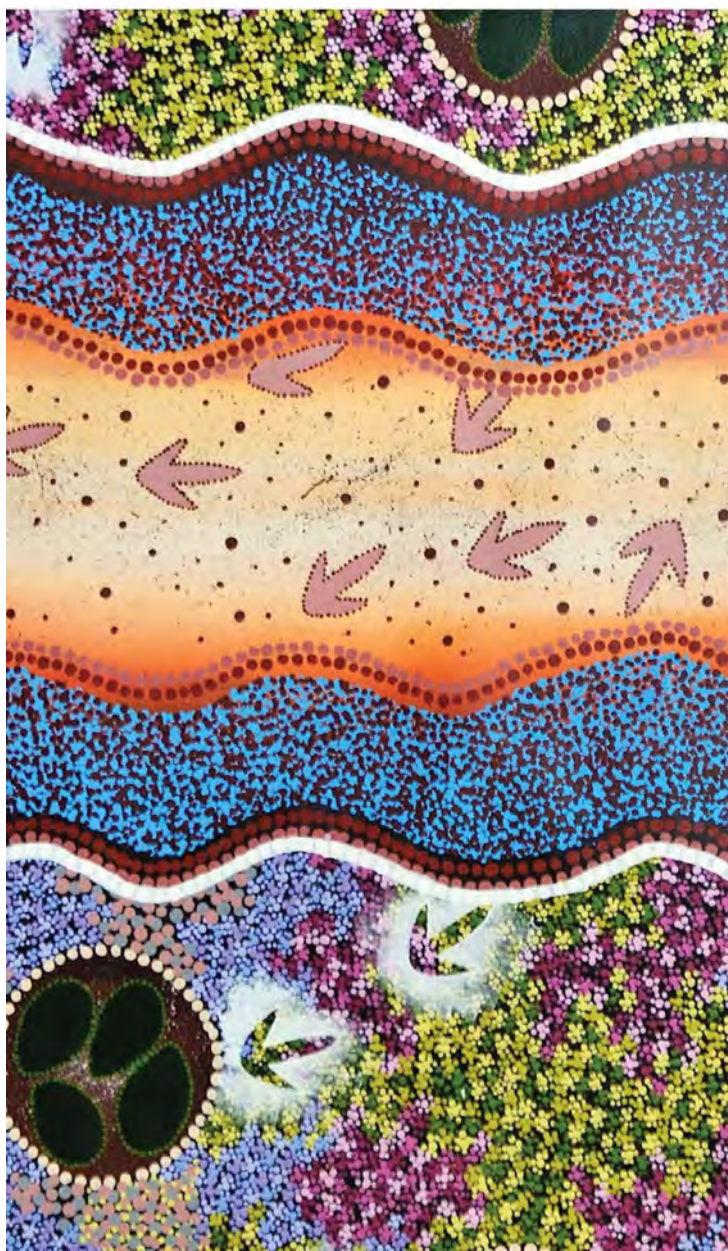
10am to 4pm, Monday 18 June - Friday 22 June 2012

Foyer, QV1 Building, 250 St Georges Terrace, Perth

Enquiries to Nan Rickards on 0417 184 290

All artwork is for sale.

www.opandr.com



GOOD HEART

MID-WEST ABORIGINAL
ART EXHIBITION 2012

ART FROM THE HEART

THE ART WORKS

Many Aboriginal people preserve their connection with their country through expressive art forms, reflecting the radiant colours and culture that have been conveyed through lifetimes. Their works reflect the country, the bush, the culture, colours and contours of the land.

Good Heart was established in 2008 to showcase the works of Indigenous artists from the mid-west to a broad audience, and to promote their heritage and culture.

More than 50 artists from Western Australia's mid-west region will be showcasing more than 100 works of canvas, textiles, woodwork, ceramics and artefacts at Good Heart 2012.

All works may be purchased, with all proceeds going to the artists.

To view the Good Heart 2012 catalogue, please visit www.opandr.com.

MID-WEST PREVIEW

Monday 21 May - Saturday 2 June 2012
Geraldton Library, Geraldton

THE CONTRIBUTORS

The Good Heart Mid-West Aboriginal Art Exhibition is a partnership project supported by members of the mid-west and Western Australian business community, and demonstrates their commitment to the development of community and economic benefits for the region.

OPR acknowledges the assistance of Northampton Old School - Women's Textile Team, Winda Bama Artists Inc., Mt Magnet, Yamaji Art Geraldton, City of Greater Geraldton, Gryphon Management Australia, Jacksons Drawing Supplies and Mullewa Indigenous Women's Group.

Partners



Government of Western Australia
Mid West Development Commission



ANZ

CROSSLANDS
RESOURCES LTD



WorleyParsons
resources & energy

MYR
CORPORATE TRADING

oceanica
marine & coastal specialists



BMT JFA Consultants
"Where will our knowledge take you?"

MARKET
CREATIONS
Making a Difference

LAURENCE
LAWYERS

OLA PIPER

AECOM

Regional

Guardian Times

Artwork: Yalibirri Nesting Time | Artist: Sonya Edney | © Sonya Edney 2012

The Meekatharra Dust

May 2012



To: Day Care Managers

The Department of Health is pleased to advise it will again offer free influenza vaccine to children aged from six months to under five years of age.

Data from Western Australia has shown that 25 per cent of young children may catch influenza each year and published reports indicate that children who attend day care may be at even higher risk. Unfortunately, children under five years of age also have the highest rate of hospitalisation from influenza. While young children with chronic medical conditions are particularly vulnerable, half of all children admitted to hospital with influenza have no known underlying health issues.

Children are also efficient transmitters of the influenza virus and their vaccination may protect other high risk individuals, including young infants, the elderly, and people with impaired immune systems, who may be too young to be vaccinated or may not respond well to the vaccine.

Annual influenza vaccination is therefore recommended for all children aged from six months to under five years of age and strongly encouraged for children with an existing medical condition.

You may be aware that in 2010 a small number of young children experienced febrile convulsions after receiving one brand of influenza vaccine (CSL Fluvax); this brand is no longer registered for use in children less than five years of age in Australia. Parents should be reassured that last year almost 10,000 doses of influenza vaccine were given to children under five years of age in WA and there were no safety issues.

We now seek your assistance in reminding parents of the importance of protecting young children from influenza and of the availability of free influenza vaccine for children aged from six months to under five years of age in WA.

Please provide a copy of the enclosed influenza fact sheet to parents of children attending your daycare centre to inform them of this important, free vaccination opportunity. The fact sheet is also available at www.health.wa.gov.au/flu, or you can contact the Communicable Disease Control Directorate to request additional copies via telephone 08 9388 4863 or email prevention.control@health.wa.gov.au.

Thank you for your assistance in helping to protect young children in WA from influenza infection.

**DIRECTOR
COMMUNICABLE DISEASE CONTROL DIRECTORATE**

26 March 2012

Grace Vaughan House 227 Stubbs Terrace Shenton Park WA 6008
Letters PO Box 8172 Perth Business Centre Western Australia 6849
Telephone: (08) 9388 4999 Facsimile: (08) 9388 4888 or 9388 4877
ABN 13 993 250 709



Expression of Interest for Food Forest Community Support

Positions required:

- Media personnel - report to "Meeka Dust", "Meeka Goes Green" facebook page and "Tidy Towns" committee
- Food Forest Coordinator
- Participants willing to be trained in Permaculture Design
- Funding/fund raising Team
- Participants with experience in Grant Applications/Writing
- Team Leader (practical)
- Garden lovers
- Vegie growers
- Herbalists/healers
- Designer for drawing up plans
- Committed labour for the initial 3 months
- Refreshment team
- Amazing ideas for preserving what we have and making Meeka's Food forest sustainable for the future

All ages welcome!

Be one of those in Meekatharra to go out and create a 'model' Transition Town.

"Take what you have learned over the years and make it relevant to your community. We need diversity... we'll be the geese honking you on your way."

Further information can be sought at <http://permaculture.org.au/>

Contact Details
Food Forest Meeka Project
Robyn Morris
PO Box 316
Meekatharra WA 6642





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Meekatharra

We deliver between 11am - 7pm !

MEEKATHARRA HOTEL

NEW CHEF! NEW MENU!

Enjoy our authentic, delicious Asian cuisine



EAT IN or TAKE AWAY

Pop in to get a copy of
our new menu!



Meekatharra Corner Store

Corner of Main & High Streets, Meekatharra

Ph: 9981 1151



BP Fuel & Lubricants

Premium Unleaded Fuel now available

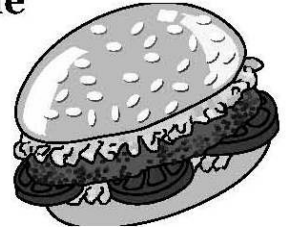
Auto Accessories

Kleenheat Gas

Key Cutting

Take-Away Food

Asian Food



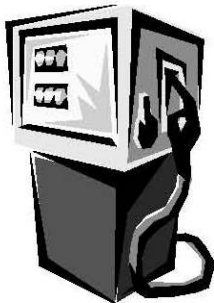
A range of Asian Ingredients and utensils available for sale

Burgers

Rolls

Sandwiches made to order

Bottled water deliveries



**Tyre Repairs
Driveway Service**



SQUASH

COURT

OPEN



Located at the back of the Sports Complex

Agreements, Keys and Tokens are available from the Shire Office.

Fees and Charges are as follows :

- ◆ Key Bond (Fully refundable) - \$100 Cash.
- ◆ Court Hire—\$11.00 per token = one hours use
- ◆ We do not hire equipment (racquets/balls etc)



YOUTH PROGRAM - TERM TWO, 2012



AFTER SCHOOL ACTIVITIES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1PM-2.30PM	Music @ school	Music @ school	Music @ school	Music @ school	Music @ school
2.30PM-3.30PM		Dance class (@ school)	Art Program (@ school)	Gardening Program (@ Youth Centre)	

Please note: ONLY kids attending school can participate in the After School Activity program.

EVENING ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6.30PM-8.30PM Netball 13 plus (@ the stadium)	5.30PM-9.30PM Karalundi (meet @ Youth Centre) 6.30PM-8.30PM Softball or Teeball (@ the stadium)	5PM-6PM Football training 10 plus (@ the oval) 5PM-8PM Bike Club (meet @ Youth Centre) 6.30PM-8.30PM Basketball with Karalundi (@ stadium)	4PM-7PM Cooking Program (@ Youth Centre) 6.30PM-8.30PM Soccer (@ stadium)	6-9PM Open Night @ Youth Centre

Contact Belinda on 0438 993 013, Elaine on 0439 909 738 or Miss B at the school, for Dance & Art classes.

FACT SHEET

The Leukaemia Foundation



About us

The Leukaemia Foundation is the only national not-for-profit organisation dedicated to the care and cure of patients and families living with leukaemia, lymphoma, myeloma and related blood disorders.

We invest millions of dollars in the work of Australia's leading researchers to develop better treatments and cures and provide free services to support patients and their families.

We receive no ongoing government funding. We rely on the generosity of the community and corporate sector to further our Vision to Cure and Mission to Care.

We can help you

Our range of free services supports thousands of Australians, from diagnosis, through treatment and beyond. To learn more, please call 1800 620 420 to speak with one of our Support Services team.

You can help us

There are many ways that you can help us to improve the quality of life for people with blood cancer. From making a donation, to signing up for an event, from volunteering, or joining us as a corporate sponsor – please call 1800 500 088 or go to www.leukaemia.org.au to learn more.

Last updated: Feb 2011

More than 11,500* Australians are expected to be diagnosed with blood cancer or related blood disorders this year. We're ready.

In the 1970s, life for people with leukaemia and their families was very different. Patients were isolated from their families from fear of infection and parents were not allowed to comfort and care for their children. Families were left to combat the psychological challenges of treatment on their own and health professionals did their best to deliver quality care with limited resources.

In 1975, Brisbane haematologist, Dr Trevor Olsen, enlisted the support of Holland Park Lions Club in Brisbane to take on the challenge of improving support to patients, families and nursing staff and the Leukaemia Foundation was formed.

Today, the Leukaemia Foundation reduces the impact of all blood cancers—leukaemia, lymphoma and myeloma—and related blood disorders for people throughout Australia. We receive no ongoing government funding and rely on the ongoing generosity of businesses and the community to fund our important work.

- **Our Vision to Cure**—Decades of research have improved blood cancer survival, however it is the second biggest cause of cancer death in Australia, claiming more lives each year than better known cancers, like breast cancer and melanoma*. Clearly, the need for ongoing blood cancer research is great.

The Leukaemia Foundation's National Research Program funds cutting-edge research to improve treatments and find cures. An independent panel of leading haematologists and scientists help us to ensure that the best projects, in the areas of greatest need receive the financial support they need. In 2011, our research commitment program reached a milestone of \$20 million, just seven years after our nationally integrated research program began.

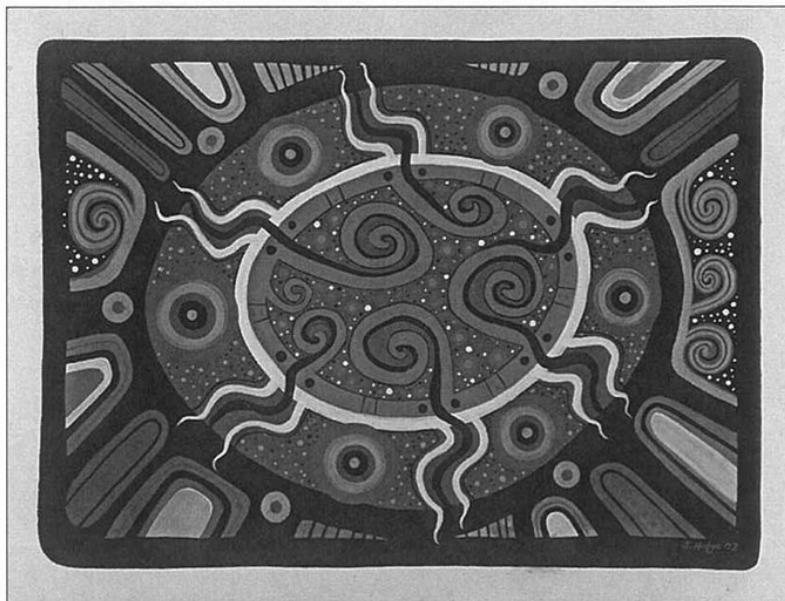
- **Our Mission to Care**—Blood cancer and related blood disorders change lives forever. Many need to leave work for treatment or to care for a loved one, and coupled with costly medical bills, families can suddenly find themselves in financially crippling circumstances whilst coping with the shock and emotional turmoil. For those in regional areas, a diagnosis can be a double blow as acute cases often means relocating to a capital city to start treatment, sometimes within 24 hours. Sadly, not everyone survives and those who do recover, often find experience of life and relationships with others have changed.

The Leukaemia Foundation provides personalised support for the person and their loved ones, **all free of charge**. Provided by our team of cancer nurses and allied health professions, our services include:

- Information, emotional support and advocacy
- Educational programs to help people to live with their disease
- Safe transport to and from hospital treatment
- Access to fully furnished, 'home away from home' accommodation for regional families required to relocate to the city for as long as it's needed.

*Projections sourced from the Australian Institute of Health and Welfare (AIHW). Estimates are calculated using actual diagnoses data collected from 2007 and annually prior to this year.

For more information, freecall 1800 620 420
email info@leukaemia.org.au or visit www.leukaemia.org.au



Alcoholics Anonymous Meekatharra.

Every Thursday

When: 6pm-8pm.

Where: Seventh Day Adventist Church Hall,

McLeary Street Meekatharra.

Enquiries: Ring Jennifer on 08 9981 0625 (office hours).

**FESTIVAL MEETINGS ARE HELD
ON THE FIRST WEDNESDAY OF
EACH MONTH**

DO YOU ENJOY THE FESTIVAL?

DO YOU WANT IT TO BE A
SUCCESS IN 2012?



To register your interest call in and see Kelly at the Shire (9981 1002)

Or Eveanne at the CRC (9980 1811)

Or ring Elaine 0439 909 738

turn A head HAIR & BEAUTY

PH: 0419 936 933

ALL YOUR HAIR DESIRES

PRICE LIST

LADIES CUTS <i>from</i>	\$ 30.00
MENS TRIMS <i>from</i>	\$ 25.00
LADIES SHAMPOO, CUT & BLOW DRY <i>from</i>	\$ 50.00
SHORT HAIR COLOURS <i>from</i>	\$ 60.00
LONG HAIR COLOURS <i>from</i>	\$ 80.00
SHORT TOP FOILS <i>from</i>	\$ 45.00
LONG TOP FOILS <i>from</i>	\$ 60.00
SHORT FOILS & COLOUR <i>from</i>	\$ 90.00
LONG FOILS & COLOUR <i>from</i>	\$ 110.0
SHORT HAIR TIPS <i>from</i>	\$ 50.00
HAIR UP STYLES <i>from</i>	\$ 50.00
PERMANENT STRAIGHTENING <i>from</i>	\$ 200.0
PERMS <i>Short hair from</i>	\$ 80.00
PERMANENT DREADLOCKS <i>from</i>	\$ 400.0
GALVANIC HAIR REPLENISH	\$ 25.00



BRING OUT YOUR BEAUTY

PRICE LIST

EYE BROW WAX	\$ 20.00
LIP WAX	\$ 15.00
CHIN WAX	\$ 15.00
EYE LASH TINT	\$ 20.00
EYE BROW TINT	\$ 15.00
1/2 LEG WAX	\$ 35.00
FULL LEG WAX	\$ 50.00
BIKINI WAX	\$ 30.00
UNDER ARM WAX	\$ 20.00
FULL LEG & BIKINI	\$ 70.00
E.B.W. & E.B.T. & E.L.T.	\$ 45.00
GALVANIC SPA FACIAL <i>from</i>	\$ 30.00
MINI PEDICURE	\$ 35.00
MINI MANICURE	\$ 30.00
MASSAGE	\$ 50.00

Sunday 6th May

Sunday 10th June

Sunday 15th July

Sunday 19th August

For all inquiries & appointments
Phone Ragen on 0419 936 933

Junjar Mudar Mia At The Red Sandbox

Play Group will be holding cooking sessions every Tuesday morning. Please come along and bring your children aged 0 - 3 years. These classes are designed to help you cook quick, easy meals for your family without spending forever in the kitchen.

These classes cover how to cook nutritious foods for babies starting on solids, how to prepare food that will keep toddlers interested at the dinner table, and how to get vegetables and other important healthy food groups into fussy eaters without them realizing.

The centre is open every Monday- Thursday 8am - 2pm

Thank you,



Meeka Goes Green



**Do you have any old mobile phones?
Don't know what to do with them?**

**Come into the
Meekatharra CRC and
drop them into the
green recycling box.**



**Don't forget: Ink Cartridges and Toner can be
Recycled at the Post Office!**



*Monday 18th—
Saturday 23rd June*



MURDOCH VET PROGRAM

*Paddy's Flat
On McCleary Street*

**DISCOUNTED
VACCINATIONS!**

**FREE
STERILISATIONS!**



To be entitled to the discounted sterilisations you **MUST** register your dog which will cost you \$5 for one year OR \$18 for 3 years. Forms will be available at the surgery and a general receipt will be issued.

Contact Svenja on 9980 0600 at the
Shire to book your animal in

MARKET STALLS

Date: Saturday May 12th 2012

At the Welcome Area on Main St

9.30am — 12pm

Gold coin donation for Buyers



CAKE STALL

**Baked goods made fresh for your
mother's day celebrations on Sunday!**

BABY CLOTHES

SECOND HAND GOODS

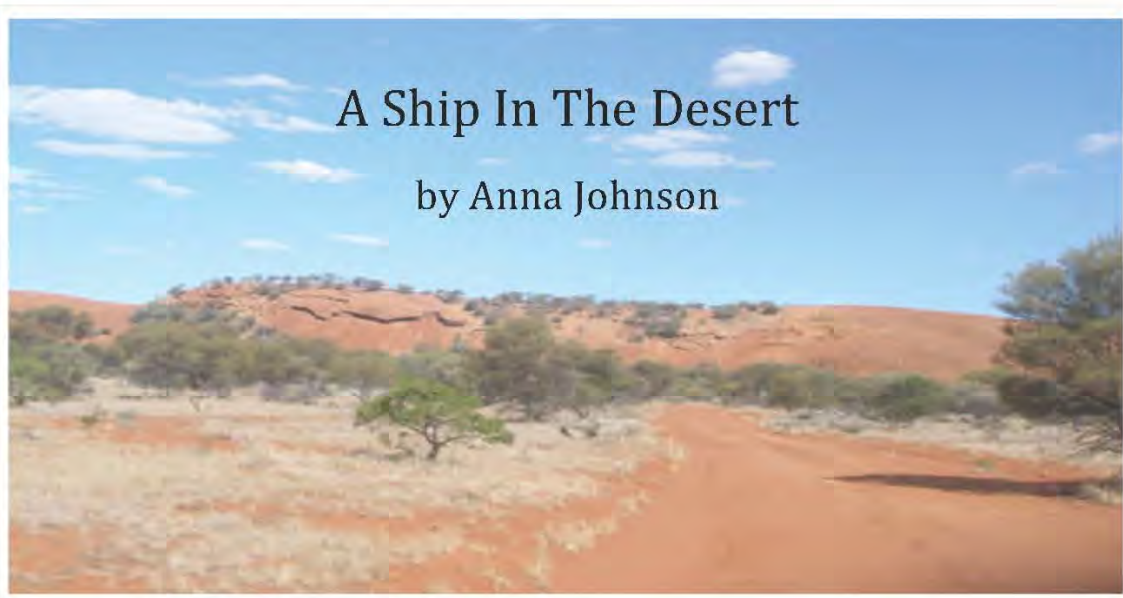
JEWELLERY

BOOKS

**It's not too late to secure your stall or donate second hand goods to the
Festival Committee to sell.**

Drop in to the Shire or ring 9980 0600

ALL PROCEEDS GO TOWARDS 2012 FESTIVAL COMMITTEE EVENTS!



A Ship In The Desert

by Anna Johnson

Forty eight kilometres southwest of Cue, Walga Rock rises from the timeless desert sands, and on its weathered walls is an amazing gallery of aboriginal paintings. This lonely spot, almost hidden by bush, also holds one of Australia's oddest mysteries: a drawing of a tall ship.

Tales abound of its origins - some say it was drawn by local indigenous people based on descriptions given to them by a young colonial girl, others say it was drawn by a shipwrecked Dutch sailor, or an Afghan camel guide, as there is Arabic-looking writing below the sketch.



Only the rocks know for certain whose long-dead hand once outlined this image on the rain-streaked walls, but thanks to the efforts of various boffins in recent years it seems the mystery has been solved.

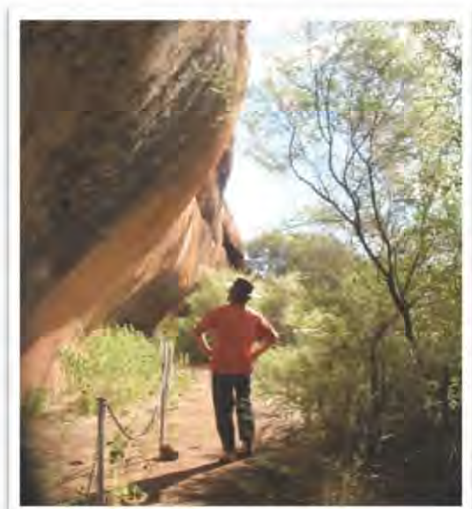
In the late 1800's, many Malay people worked as pearlers aboard ships along the WA coast. One of these ships was called the Xantho, and one of the pearlers was a man known as Sammy Hassan. In 1917, Sammy had left the pearling industry and gone inland, and was reportedly camped near Coodardy Station next to Walga Rock, shooting roos and living with a group of Aboriginal people.

Research by historians strongly supports the belief that it was Sammy who made the drawing; a key factor is that the features of the drawn ship match those of the Xantho. Sammy Hassan had quite a remarkable historical place in WA's past; look up the weblinks at the end of this article if you want to know more about his story.

So far it seems no one has been able to work out what the writing below the ship drawing says, but as it was written by a roo-shootin' ex-pearl diver I suspect it's something along the lines of "I worked my arse off on this bloody ship" or "See me at bush camp for a good time" rather than anything deep and meaningful.

I first saw Walga Rock and the ship drawing a few weeks ago, thanks to Meeka local Gary "Blues Man" Hammer, my handsome personal tour guide. It's an easy drive to Walga Rock (unless you are on a moped or rollerblades), which is the second largest monolith in WA (Mt. Augustus is the biggest), but many people don't know that it is also the largest gallery of indigenous art in WA.

Now in the custodial care of the Wajarri people, there are many layers of art to be seen; they are believed to date from over 10,000 years ago. Unfortunately it's very hard to find much information about them on the internet or at the site itself, as most write-ups focus on the ship drawing. It's a shame, because it's a wondrous feeling to be inches away from an ochre-stained hand outline and think that you are standing in the footsteps of the person who made it thousands of years ago, and it would be fascinating to know what it meant to them and what the many drawings might tell us about the human history of the site.



Walga Rock is only one of many indigenous sites in the Weld Ranges area; many of course are secret or inaccessible. A day trip there would give you plenty of time to visit the enormous "ghost pub" at Big Bell and the old camel watering site at Afghan Rock, where you can look across the vast stretch of outback in every direction and imagine what it must have been like to rest with your groaning cranky camels hundreds of miles from anything, with no sunblock, no fly spray, no sunglasses, no cold beer, no women (look out, camels) and no one to call for help.

Then you can hop into your air-conditioned car, grab a cold tinnie out of the Engel, and head back to Cue for a bit of big-screen TV and a coldie at the pub, enriched by your day of culture and history, grateful that you don't have to spend the night with a dusty horde of belching camels and a hungry ex-pearl diver wandering loose with a rifle.

For more about Sammy Hassan and Walga Rock:

<http://www.museum.wa.gov.au/maritime-archaeology-web/content/other-sites>
http://en.wikipedia.org/wiki/Walga_Rock

Christ the King Catholic Church

Liturgies for May 2012

Saturdays at 6.30 pm



5 May

Celebration of the Word with Communion

19 May

Celebration of the Eucharist (Mass)

ALL WELCOME



The Catholic Church is located
on the corner of Darlot and High Streets.

For further enquiries contact Sr Gerri Boylan sgs 9963 4179

This parish is under the pastoral care
of the Sisters of the Good Samaritan of the Order of St Benedict



Parenting Workshop

Our next 'Tuning in to Kids' parenting program for parents of children up to teenagers but particularly relevant for pre-schoolers to approx 8yo. It teaches parents:



- awareness and regulation of their own emotions
- awareness of their children's emotions
- to use children's emotional experiences as an opportunity for closeness and teaching
- skills in assisting children to verbally label and manage their emotions
- skills in assisting children in problem solving
- to guide children's behaviour with appropriate limits

Book now for the next Geraldton workshop

starting 21st May 2012

Mondays 12.45pm - 3pm

Bookings for a limited size group:

Phone Chrysalis on 9938 0750



Chrysalis
Support Services Inc.

Safe Horizon:

Women supporting women

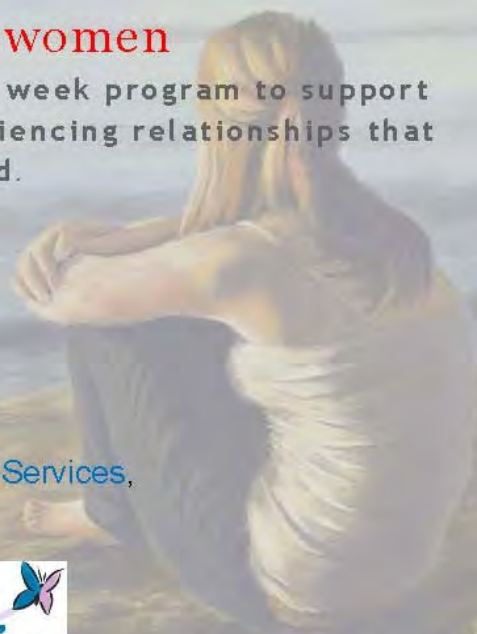
Chrysalis Support Services are running a 6 week program to support women who have experienced or are experiencing relationships that make them feel bad.

DATE: Starting 22 May 2012
TIME: 9:30 - 11:30am
VENUE: Lotteries House
114 Sanford Street

FREE OF CHARGE

To register your interest please contact **Chrysalis Support Services**,
Patsy or Dionne Phone: 99380750

Chrysalis
Support Services Inc.



DRINKS



8am
To
5pm

Sun
To
Fri

MEALS SNACKS



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CAKES



55 km North of Meekatharra



*Caravan and
Camping Park*



An Oasis in the Outback

55 km north of Meekatharra

9981 2000

THE



Meekatharra
Community
Resource
Centre

NEWS

Run by the community, for the community

Driver and Vehicle Services 1st Birthday!

On Wednesday March 28th 2012 the CRC celebrated the 1st Birthday of launching our online one stop Driver and Vehicle Services agency, after taking this on from the Department of Mines and Petroleum and the Meekatharra Police. From March 21, 2011 the Meekatharra CRC has been providing customers with access to full Driver and Vehicle Services, including the ability to pay licensing bills, get a photograph taken for a driver's licence, take on-line hazard perception tests and book practical driving assessments. The service has contributed significantly against our objectives to build capacity in the community and increase the profile of the Meeka CRC and Network as a whole.

We celebrated the occasion with lots of balloons, drink and a delicious sponge cake made by the bakery and beautifully decorated by the caravan park. The kids absolutely loved the cake and everyone who looked at it was hugely impressed. We had the opportunity to conduct a customer satisfaction survey with a number of the adults that came in on the day, and we are very pleased with the positive feedback that we received.



A big thank you to Karen Faulkner from the Department of Transport in Geraldton who came across for the event and brought lots of resources with her and was on hand to answer all kinds of difficult questions in regards to licensing. We would also like to extend a big thank you to the team from Geraldton who has supported us over the year, all the wonderful staff that have worked here and the customers that make it possible.

Market Stalls



The CRC had a stall at the first Meekatharra Market Day held on the 29th February 2012. It was a successful day where the CRC staff was able to connect with the community and a great time was had by everyone.

Meeka Goes Green held a stall to promote recycling and green projects within the community. Come down and support us at the next Market Day held on May 12th at the Welcome Park.



Canvas Print

Are you aware the Community Resource Centre has a canvas printer? It can print your cherished photos onto canvas in two different sizes, A3 for \$50 and A2 for only \$65. This is a great gift idea for a friend or loved one or a treat for your-self. In the future we are planning to obtain frames which will finish off your canvas print beautifully so they are ready to hang on your wall.

Come into the CRC and convert your photos into stunning pieces of art!





Kurt eating his Vegemite toast like a true Aussie at the Dawn Service!

Photos by Svenja Luebbe



Trophy presentation

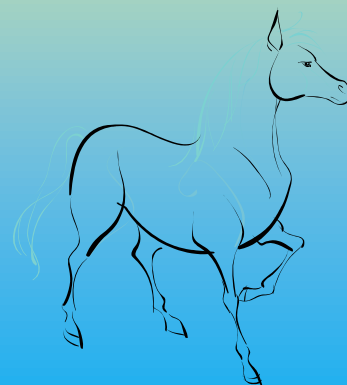


Anna Nichols, Grace and Lucy Smith



Welcome back to Meeka

Ross and Jan Atkins
Daughter Tammy has
returned to Meeka after 15
years. She popped back
to Meekatharra from
Victoria to show her
Husband Paul where she
was born.





Do you want to get laid?

On the footpath outside the Shire?

Only \$ 35



Contact the Shire Office.



2012

GYMKHANA

Photos by Svenja Luebbe



EASTER SUNDAY AT THE KAD INC SAFE HOUSE MEEKATHARRA

It was a great day at the Safe house on Easter Sunday for kids and their families. Tamika King baked the fabulous bunny cake and the kids had a ball hunting for Easter Eggs and eating chocolate for most of the day. KAD INC put on a BBQ for all and was pleased to have the families attend with the kids. It was a great day. A big Thank you to Tamika King for all her efforts.



A BIG THANK YOU TO THE ROYAL FLYING DOCTORS MEEKATHARRA STAFF FROM KAD INC

KAD INC is putting a KIDS band together, A Big Thank you to Scott Woolley a RFDS Pilot who is advising us on the purchase of musical instruments and actually bought a drum kit back to Meekatharra on the RFDS Plane, he is also giving his time to teach the kids. Thank you Scott. Another big thank you to our RFDS Flight Nurses, Lucy Smith Ian Ruff, Christina Schwerdt, who have donated their time and given clothing donations to the safe house for our kids. Lucy is also volunteering her time to be an ambulance officer in Meekatharra, when she is not flying.

We would also like to Thank, Dan from DCP who organized guitars to be sent over from America and for his ongoing support.

KAD INC is “Kids After Dark Incorporated” a non-profit community Organization proudly sponsored by RIO TINTO and the Meekatharra Hospital who provide KAD INC with the Safe House property. KAD INC also support “The Yulella Women On The Move” program, by providing the use of the Safe House for the Ladies four mornings a week to undertake their activities.



Royal Mail Hotel

Accommodation Bar Restaurant TAB Pool Table Beer Garden Great Atmosphere

Affordable Accommodation

Single, Double, Triple and Family Rooms available in your own separate room next to the venue. Each come with their own full ensuite. Every room is also equipped with air con, TV, fridge and tea and coffee facilities. A cooked or continental breakfast is also available for purchase.

Restaurant

Come and enjoy a meal at the Royal Mail with the option of eating in our air-conditioned dining room. Take away and phone bookings are also welcome. Also available are our small and large pizza selections.

Opening hours:
Mon-Sat 12-2pm 6-8pm
Sun: 12-2 pm 6-8pm

Atmosphere

Mon-Sat: Noon til late
Sun: 2pm – 10pm

Every Thursday night: Pool Comp!
8pm registration. \$20 buy in. First and second prizes.

Every Saturday night: \$15 large pizza's. Phone orders welcome.



Dates for your diary

ROYAL MAIL HOTEL NOW OPEN

COMING UP **MIDDAY EVERY SUNDAY**

Friday 25th May LIVE ENTERTAINMENT!!!

EMMET

Performing live in the Royal Mail

\$5 per person entry

Playing all the classics and country rock!

ROYAL MAIL HOTEL Main Street, Meekatharra 6642

P: 08 9981 1148 F: 08 9981 1113 E: royalmail@benet.net.au

**Information for parents:****Why should I consider having my child vaccinated against influenza?**

Anyone can get flu, but rates of infection and hospitalisation are highest among young children.

Annual flu vaccination is strongly recommended for anyone six months of age or older with a medical condition that places them at higher risk of severe illness from flu. Children and adults with heart, lung or kidney disease or a weakened immune system, are eligible for free flu vaccine through the National Immunisation Program.

Children without underlying medical conditions who become infected with flu can also develop serious illnesses, including convulsions and diarrhoea. Experience from Australia and overseas indicates that the majority of childhood flu-related hospitalisations and deaths occur among children without underlying medical conditions.

In 2007, three previously healthy children in Western Australia (WA) died from complications from flu. Since then, WA has made the flu vaccine free to all children aged six months and younger than five years.

What about flu vaccine and febrile convulsions in children?

In 2010 one brand of flu vaccine was associated with high fevers and fever-related convulsions in young children. This brand of vaccine is no longer being used in Australia for vaccinating children younger than five years of age. The two other brands used in Australia were not associated with this problem. Febrile convulsions after flu vaccination are rare.

How can I learn more?

- Speak to your doctor
- Visit the Therapeutic Goods Administration website for further information about influenza vaccines at www.tga.gov.au
- Read WA Health's vaccination safety information for consumers at www.health.wa.gov.au/vaccination
- Find out more about the Western Australian Vaccine Safety Surveillance (WAVSS) system www.health.wa.gov.au/vaccination/wavss.cfm

14/01/2012 14:00 © Department of Health 2012

Influenza Vaccine: what you need to know 2012

What is influenza (flu)?

Influenza, commonly known as flu, is a contagious disease caused by the influenza virus. It is easily spread by coughing, sneezing, and on the hands.

Symptoms of flu include:

- fever
- sore throat
- chills
- tiredness
- cough
- headache
- muscle aches
- vomiting.

Flu is much more severe in pregnant women, infants, the elderly, and people with certain health conditions such as heart, lung or kidney disease or a weakened immune system. Flu can cause high fever and pneumonia, and make existing medical conditions worse.



Delivering a Healthy WA

THIS YEAR'S CATEGORIES



- ⇒ **General appearance**
- ⇒ **Waste management and litter prevention**
- ⇒ **Natural environment conservation**
- ⇒ **Heritage and culture**
- ⇒ **Water conservation**
- ⇒ **Energy innovation**
- ⇒ **Young legends**

Want to know more? Contact Kelly or Svenja at the Shire, Robyn at Yulella or Sabrina at the CRC



Meekatharra is a Tidy Town Entrant in 2012



Meekatharra sunrise

PHOTOS BY SVENJA LUEBBE



Cattle Pool



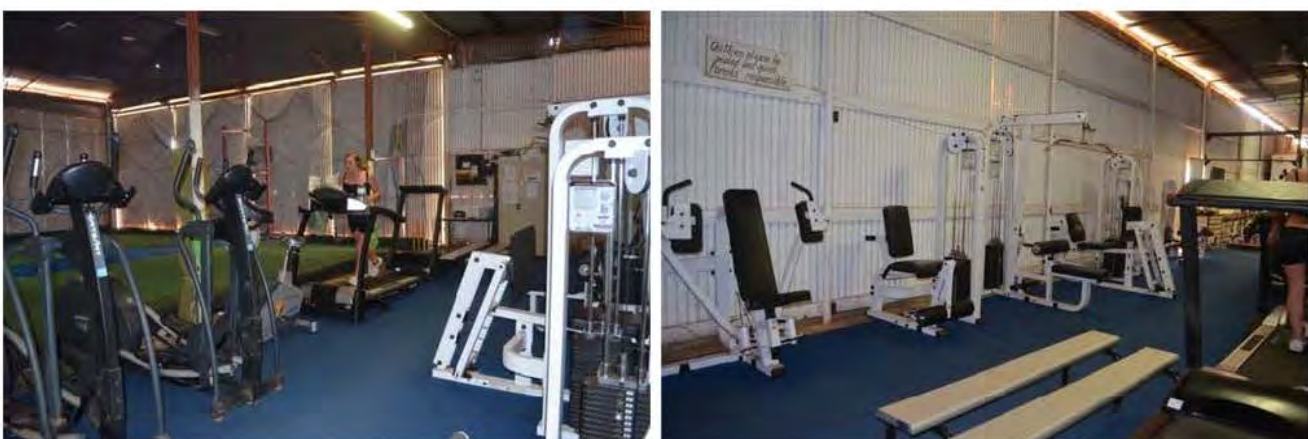
Gabanintha



Meekatharra Race Course

MEEKATHARRA GYM

AT THE INDOOR CRICKET CENTRE ON HIGH STREET



**GYM AGREEMENTS AND KEYS ARE AVAILABLE FROM THE SHIRE OFFICE
ENTRY IS PERMITTED TO KEY HOLDERS ONLY BETWEEN 5AM AND 10PM
DAILY**

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17.03.12 AGM COMMIE HOTEL

PRESIDENT	C.LAURITSEN
V.PRESIDENT	P.CLARE
CAPTAIN	P.JENKINS
V.CAPTAIN	P.CLANCY
HDCP	C.LAURITSEN
COURSE MANAGER	G.BELL
SECRETARY	R.MCCLYMONT

15.04.12 OPENING DAY 4 MAN
AMBROSE

WINNERS GROSS	CLARRIE JENKY VEGIE BILL
R/U	PETER SNADE ROY JEN
WINNER NETT	CLANCY MOB
R/U NETT	GREG'S MOB
N/P NO2	BILL
N/P NO4	POSTIE
N/P NO16	DESLEY
N/P IN 2 NO5	GREG'S MOB
N/P IN 3 NO 3	CLANCY MOB
N/P IN 3 NO 12	CLANCY MOB
NAGA	CHRIS AND C.D

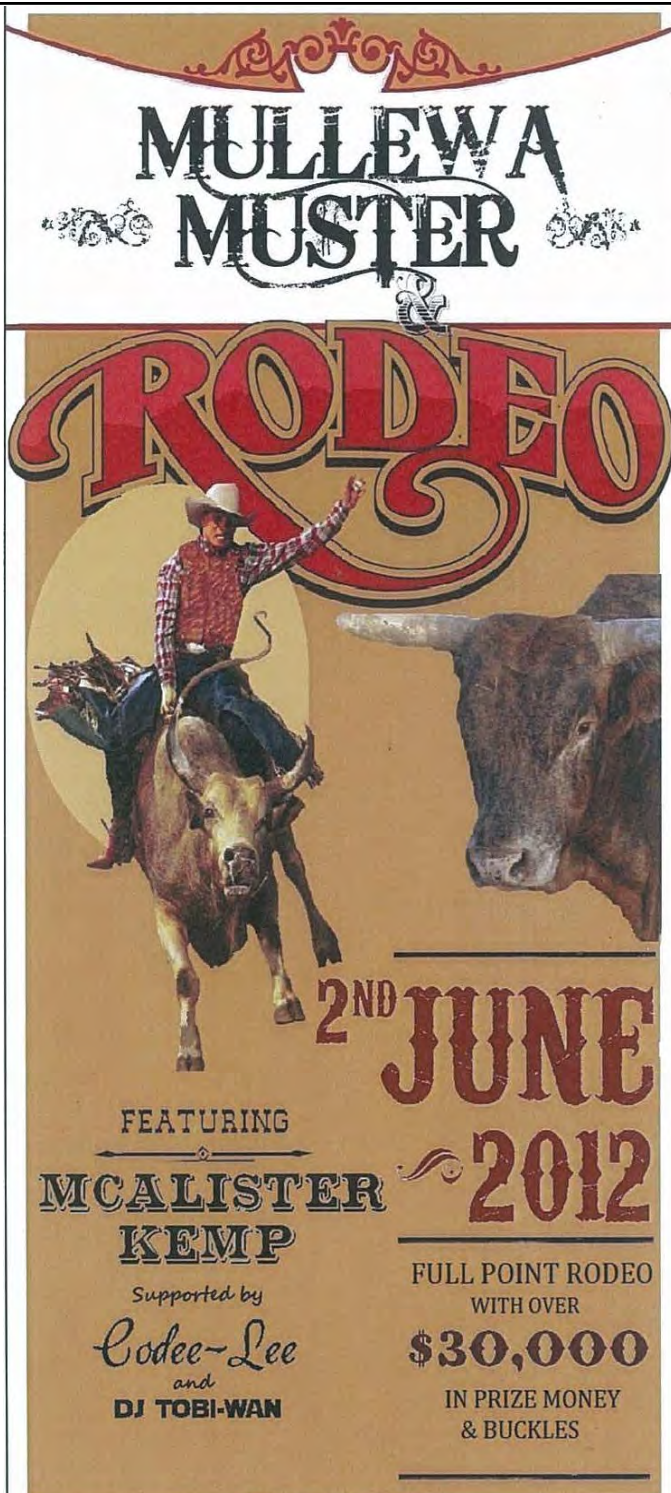
22.04.12 STABLEFORT

WINNER	CLARRIE
R/U	NATHAN
GROSS	CLARRIE
N/P NO2	JENKY
N/P NO 4	NATHAN
N/P NO16	VEGIE
L/D NO3	BILL
NAGA	VEGIE

25.04.12 ANZAC SHEILD

WINNER	NATHAN
R/U	CLARRIE
N/P NO16	PETER
GROSS	CLARRIE
NAGA	RUSTY

- RUSTY



**MULLEWA
MUSTER**

RODEO

**2ND JUNE
2012**

FEATURING
**MCALISTER
KEMP**

Supported by
Codee-Lee
and
DJ TOBI-WAN

FULL POINT RODEO
WITH OVER
\$30,000
IN PRIZE MONEY
& BUCKLES

Affiliated with ABCRA

TICKETS

ADULT: \$30

FAMILY: \$70
(2 Adults, 2 Children)

CHILD: \$10 (6-16yrs)

-Under 5's are free!



VENUE

Mullewa Recreation
Grounds
Main Rd, Mullewa



Tickets available at gate or pre-purchase by calling 99611 007

* Camping available onsite or at nearby Caravan Park *

First performance 10am • Second Performance 2pm
Country Music Concert 6pm

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PROFESSIONAL LIQUID WASTE REMOVAL SERVICES

OPERATING IN **MEEKATHARRA** AND ALL
SURROUNDING AREAS AND **COMMUNITIES**.

HIGHLY **COMPETITIVE** AND REASONABLE **RATES**

WE ARE AVAILABLE **ALL HOURS** TO MEET YOUR
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OR EMAIL US AT :

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PAIN, PANEL AND DETAIL SHOP

Reopening in Meekatharra our shop is open for business covering all aspects of repair, repaint (full resprays and touch ups) and detailing for your personal or business vehicles.

Commercial, trucks, machinery and vehicles can be accommodated.

Our new manager of the Panel Shop is Phil King who has over 30 years' experience in the automotive trade. He can offer first class service and competitive prices. Drop in for a chat and see what Phil can do for you. No obligation quotes given and we can come to you. The damage on your car is assessed thoroughly and written quotes are provided detailing the costs associated.

We Cover:

- Panel Scratches
- Minor and major dents
- Vehicle detailing (for pre-sale of vehicles)
- Touch up service
- Insurance



CDEP TRAINING

(CDEP) program helps Indigenous job seekers to gain the skills, training and capabilities needed to find sustainable employment and improve the economic and social well-being of communities.

We can assist you in finding employment.

Training programs coming soon to CDEP are:

- First Aid
- Chainsaw
- Skid Steer (Bobcat)
- Assisting participants to gain their Learners License
- Spray and Panel (available now)
- Carpentry (available now)
- Horticulture (available now)
- Building (available now)

Register your interest in these courses by having a talk with Jacinta, Carol, Philo, Edo or John.

If you have specific training needs please enquire at the Yulella office or ring 9980 1339, or visit 848 Marmont Street, Meekatharra.



Say No to Plastic Bags!

Meeka Goes Green in conjunction with Tidy Towns is slowly starting to bring some of its ideas to fruition.

You will soon begin to notice some of the larger establishments in town offering calico bags as an alternative to plastic bags. We applaud these businesses no matter how small a step they are taking in promoting the use of these bags.

We won't name them (yet!) but it will soon be clear that they have a genuine interest and concern in improving the look and feel of our town! They are aware that plastic bags are a major contributor to the litter on our streets and an eye sore amongst the natural beauty of the surrounding landscape.

Plastic bags also end up in land-fill and it is the goal of Meeka Goes Green to take steps to reduce the amount of recyclable material that needlessly ends up at the Meekatharra tip or littered throughout the community.

It may come as a shock to some of you that the not yet named businesses may ask for a donation for the calico bags. It is worth every cent! They are sturdy (no more over packing and dropping your tins of pet food out on to the street or at the front door!) and they are re-useable. You will be doing your bit for both Meekatharra and the environment.

Meeka Goes Green and the Tidy Towns Committee are currently working on a number of projects with the main focus being on:

Recycling initiatives

Community garden &

Food Forest

To be part of this exciting group or to share your ideas contact:

Sabrina at the CRC

Svenja at the Shire or

Robyn at Yulella



HOI AN

PART ONE

As There Is So Much To Do And See!

Hoi An (with a population of 120,000) is located just 30kms from Da Nang and to travel there in a hire car from the station or airport should cost you about \$10 AUD. As you drive past the famous China Beach (where troops went for R & R) you can still see the helicopter hangers on the right from the war. However, China Beach is now difficult to get onto as there are some VERY expensive (\$700AUD+ per night) guarded resorts which own sections of the beach.



Hoi An is my absolute favourite place in Viet Nam, so much so we are staying there for an entire month this year. The people are just friendly, charming and always seem to have a smile on their faces and are generous of spirit plus there is so much to see, do, or in fact do nothing. For us, it is a case of shall we have a swim after breakfast and then laze around the pool until lunch, then wander down to the town and have a delicious lunch for all of \$6 for both of us, then go and get some fresh fruit: or shall we go to a fitting for our clothes, and then go to the beach or book a tour: or back to the hotel to laze around the pool for another 3 to 4 hours whilst we decide where we shall have dinner? I don't know how I handle this stress!



Plus it is the **only** place in Asia that Erik never eats odd food – not even the Vietnamese delicacy of half formed chicken still in their shell – he is just sublimely happy with his rice vodka.

Faifo, as Hoi An was once named, is still a place of winding lanes and pastel lemon painted homes and was an important port for the Japanese, Dutch, Indian and Vietnamese people. It is a World Heritage site and once you meander through the old city you will see why and it is no wonder that it was known as the Vietnamese Riviera by the French and this ancient town, in fact much of Hoi An, has impressive architecture and charisma. Take yourself on a walking tour of the Old Town by downloading the guide from Lonely Planet or get it from the book, as well as purchasing a tourist ticket from one of the booths for \$3 which gains you entry to a variety of places such as meeting houses, Assembly Halls, Merchant houses, The Japanese bridge, Handicraft Workshops etc. 400 year old



Merchant's home are still fully furnished with ornate furniture and ceramics and the assembly halls/temples are stunning and have some of the most amazing ceramic pots of bonsai – bonsai is everywhere in Vietnam. The advantage of doing it DIY-ing is that you can stop wherever and whenever you like, and not pay the \$39 AUD p.p. of a private guide. At night the large lanterns on the river, which dissects the town, are lit, so don't stay in your hotel but avail yourselves of the experience and observe all the local families and tourists out for the evening, ambling around



stopping to eat at one of the fantastic restaurants on either side of the river, or to sit and chat along the riverside or on the bridge.

Take a breather from your hectic day (?) at the wonderful little café on the corner of Hoang Dieu and Pham Boi Chau Street (opposite the market) and order fried spring rolls (10 per plate) and fried wontons (8 per plate) which will cost you \$60,000 Dong (\$3 per plate) and watch the interesting world go by. Now a must is every time you see a café, stop and have a cup of scrumptious



Vietnamese iced coffee, especially at the huge open air café on Tran Hung Dao Street where you will probably be the only non-Vietnamese and where they serve the best coffee in town. We have NEVER had a bad meal in Hoi An and please try the White Rose Wontons as well as the hotpot meals with broth, including pineapple, and is served with prawns, vegetables and meat or you can go to Restaurant 19 (genuine family food) and try the delicious stir fried pumpkin. Our son who **LOVES A THICK STEAK** got excited at one restaurant when he saw it on the menu assuming that he could have a nice steak for dinner, and, yes he got his steak, but it was sliced into very thin slices – being the world's best mother-in-law I managed not to laugh for all of 15 seconds at the look of

disappointment on his face.

There are a number of places where you can take a cookery class but if you have found a nice restaurant with amazing cuisine and been a couple of times just ask "Mama" if you can pay to watch her cook: Hint: A nice gesture is to give her some long stem roses (25cents each from the market) as well and she will be as happy as punch.

For a woman this is ***shopping paradise*** as it has a ridiculous number of shops such as Gold and Silver merchants, stunning embroidery, artwork, marble, unusual lacquer ware, bags, shoes and more shoes made to measure plus over 400 tailor's, so in all probability making Hoi An the Tailor Capitol of the world. We have learnt over the years that the absolute best is YALY (don't be put off by its opulent façade) as they have set prices which believe it not **are** cheaper than the 'tailor' shops and that's **after** you have bargained those 'tailor's' down. The clothes fit properly the first time and the quality of the workmanship is outstanding. For example one of our daughter's wedding gowns (she had two) was priced at \$6,500 AUD in Perth and yet we had it made there (including the hand-beading) for \$130 AUD. You can either bring a photograph with you or peruse the masses of catalogues for a selection. Keep in mind that hotels recommend a tailor, as we discovered ourselves, as they get a kick-back – yes it does happen everywhere. You can buy different ready-made clothes for man, woman and child at extremely good prices all over town. Wander through the two storey market and along the local produce market and be amazed – take note that the motorbikes go through the market as well even though it is only wide enough for walking – but they do toot their horn to let you know they are behind you and it is very safe.



Cua Dai Beach only a hop, skip and a jump from town, is lovely with its sparkling blue water and snow white sand with many seafood restaurants along the beachfront. If you don't want to eat at a restaurant then there are many other shops at the road edge. You can hire a banana lounge with an umbrella for the day for about \$1 and swim or just plain relax. Many of the hotels now have their

own private beaches where their own shuttle bus will take you. However, most Vietnamese do not go to the beach during the day and at night from our hotel balcony we have witnessed the bikes returning from the beach with the traffic jam line of lights going on forever. You will have notice by now that all the Vietnamese women wear long trousers, with socks, long sleeved shirts, face masks and hats so that they do not tan! They think we are mad trying to darken our skin.

It is so easy to get around the town as you can walk with your trusty fan in your hand, catch a taxi for \$2 to almost everywhere, take a cyclo or ride a pushbike you can hire them for \$1 per day. I am convinced that Vietnamese learn how to ride a bike in the womb so **I shall** be able to balance on a bike before this holiday (Erik has bought me training wheels). – At least at Seabrook you can't see me fall off whilst practising.

I strongly recommend that you need to plan to stay at least a week in Hoi An There are so many tours to satisfy all ages and tastes from pushbike tours, villages, cultural, artistic or even river boat rides.



One great tour we did one year was to Cham Island. We were collected from our hotel and driven to the port to board the speed boat to the island. On the way we stopped for an hour or so to go swimming and snorkelling in the South China Sea and to watch the men climbing bamboo scaffolding to collect bird's nests for the famous soup. After disembarking we went on a guided tour around the township, through rice paddies and to a temple, stopping for delicious seafood lunch at a restaurant on the beach and then relaxed on the white sand or swimming

in the clear blue water. This is an area where you observe true rural life and there no pressure from the locals as they just continue their daily life.

Last trip we discovered Ba Na Hills, which was used as a summer retreat by the French (they would almost run up there for the cool temps) and was unforgettable and amazing and a sheer delight. Until 2009 it was The



Guinness Book of Records the longest cable car, so organize a private car to take you there (only 40 minutes from Hoi An) – they have a good restaurant at the base and a remarkably good souvenir shop. The enclosed cars go up the hill finally passing even through the clouds and then you change onto another cable car to ascend even higher. Almost at the top



you can see the 24metre high Buddha and there is a 4 star hotel there where you can have lunch and where the staff look at you askance that you would like to be on the balcony in the cold (25 degrees) and then later you can stroll around and climb by foot to see the Buddha and other sights.

Next time I'll tell you about some of the other tours and great things to do in an around Hoi An plus why our daughter had two wedding gowns....

TRAVELS IN SOUTHERN VIETNAM

HOI AN

PART 2

Da Nang a short distance away from Hoi An is the third largest city in Vietnam and it is a mixture of the old and new with many, many interesting shops and restaurants and cafés. There is a HUGE Mall which also contains an enormous supermarket where we buy our supplies.

You can do a number of tours around Da Nang one of which is The Ho Chi Minh Museum:



although it is not as large as the one in Ha Noi, still the same, it is worth a visit. There are display vehicles, helicopters and bombs on display outside and there are several floors of memorabilia of not only HCM but also the war. At the rear is a replica of Ho's home surrounded by lovely gardens and ponds.

An absolute do not miss is the Museum of Cham Sculpture as it **so** merits a visit. The Cham Kingdom existed between the 2nd to 17th centuries which was influenced by India and embraced the Hindu religion. Its exterior is modest but once inside, the large halls display splendid sculptures and other items of various themes and subjects. There are over 300 sandstone, bronze and terracotta sculptures, altars, statues and decorative works and true masterpieces of Cham Art exhibited not only in the museum but also the surrounding garden.



On your way to Hoi An you could not have failed to notice the 3,000 feet high Marble Mountains which consist of five peaks representing the elements of water, wood, fire, gold and earth, which have three main grottos and tunnels which celebrate Buddha. At the summit walk along pathways that meander around the crest of the mountain between beautifully carved sculptures and pagodas with expansive views of China Beach, Da Nang etc. Previously this was a permanent source of marble but mining has ceased, but one wouldn't think so at the number of shops and stalls all selling marble (from other provinces and even China) from the minute to the humongous. Now if you are younger than I, you can walk the 1,000 vertical steps up to the peak or take the newly installed elevator up for \$1.50 each way – only one guess which we did.

My Son (pronounced me sun) dates from the 6th century and it quietens one's soul to stand amidst such history. It is surrounded by lush green mountains and was selected as the religious centre and capitol for



the Cham kingdom. Not only a lovely setting but it gave a strategic and easily defended stronghold. Once an absolute jewel of Vietnamese archaeology American bombing during the war destroyed much of it with only 20 of the 68 structures still surviving but being an UNESCO world heritage site restoration work is ongoing.



There are a plethora of tours you can go on which across the board give a good feel to Vietnamese life of the new and the old such as visiting herb villages, carpentry villages, take an eco friendly bicycle tour around Hoi An and its environs, go to a pottery village or take an hour long boat trip along the river or even take a tour in a jeep!

Now back to Hoi An: sometimes it seems that there are as many shoes makers as there are tailors but please learn from my experience. As with clothing, take photos of shoes with you that you want copied or peruse the many catalogues but, ensure that you firmly tell the shop-keepers that they MUST fit first time and not have to be stretched otherwise you won't take them. At shoe shops you do need to bargain hard as sometimes A pattern of your feet is drawn and then you select from the array of different leather patches. Now leather bags are another matter – as Patsie in Absolutely Fabulous said "One have NEVER have enough shoes or bags" so just go mad and if you don't like what is on display get it made in another colour or style and it will be ready the following day.

Following a strenuous time of ordering shoes and bags why not book a session at one of the day spas. A notable one the Hoi An Day Spa which offers a complete day spa for the ultimate pampering for your hands, feet, face, body and even your hair. Whilst there, your man can go to the best barber in Cua Dai street and fall asleep after having his hair cut whilst the barber gives him a shave with a cut throat razor.



Hoi An has an exciting restaurant scene but make sure you try the Cao Lau which are doughy noodles combined with sprouts and green vegetables and then topped with pork slices – yum. But what tops that is The Morning Glory side dish which we eat at every meal: a stir fried green leaf vegetable loaded with lots of garlic – now that is to die for.

The original reason we came to work at Mt. Seabrook was that our daughter told us that she and Derek had decided to get married and frankly we didn't have the money to provide the wedding we wanted to give her. After being to Viet Nam and loving it, we arranged with our now adopted Vietnamese daughter Phuc, to assist us in organizing the wedding. What began as a ceremony at the temple followed by an afternoon tea at the hotel and then dinner at night became a full traditional Vietnamese



Wedding. So that is why Erin had two wedding gowns – a traditional Ao Dai for the ceremony at the temple and one for the reception.

There were the decorated cyclos to collect them at the hotel and then travel all around Hoi An. The kid's wedding became one of a





cast of thousands all smiling and wishing them well – even people came to the temple to share in the event. That evening we all had the reception on the terrace of a 300 year building, and now restaurant, overlooking the lantern lit river. Her wedding cake (we thought it would be small) was over 3 feet tall made with individual cakes which were elaborately decorated. We bedecked the walls and tables with Vietnamese wedding

apparel so the evening capped off a memorable wedding day. We felt that all expenses were extraordinary cheap but I did get into trouble from Phuc having organized all the flowers, as she told me I paid too much at \$50.00! The wedding cost including passports, visas, vaccinations, airflights, accommodation, gowns, shoes, suits and everything for the wedding itself from flowers, video and photos and honeymoon in Thailand was just under \$4,000.00.



A good hint is that if you would love an exquisite evening dress, then go to Da Nang to one of the material shops which specialize in Ao Dao and **try** to select only 1 panel and get your gown made in Hoi An.

Next time Hanoi, Ha Long and Ninh Binh

BIKE WEEK 2012

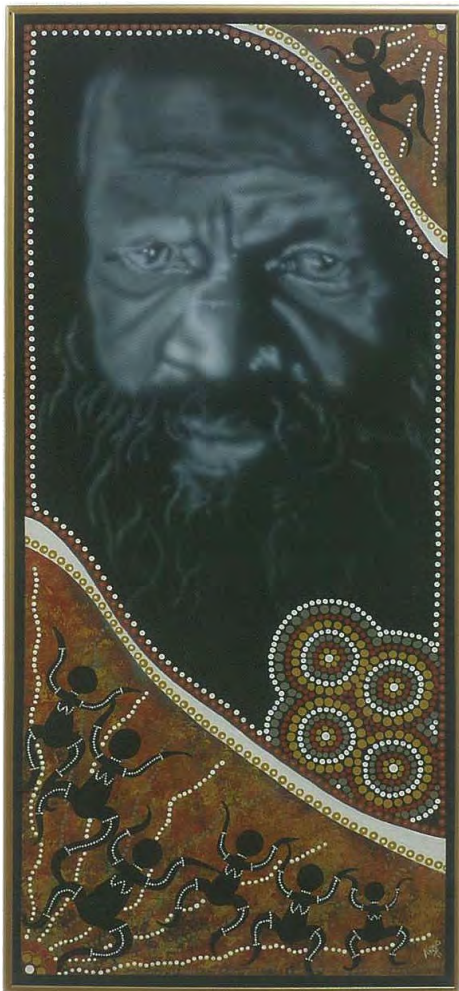
Cycle Under The Stars

18 young people participated in the 'Cycle Under The Stars' ride. A bbq was enjoyed by all riders, prior to setting off on the night ride.

A big thankyou to Helen Morgan and Acting Sergeant Stuart Hopkins, who assisted with running the event, and also our local police who escorted us safely along the Great Northern Highway.

The Shire of Meekatharra, Youth Services, would also like to acknowledge the funding and merchandise provided by Department of Transport to make this event happen, as well as W.A. Police and Department of Child Protection for providing funding to purchase 10 new bikes.





ANDREW (ANDO) BINSIAR

Gumburrna 6 - 27 May, 2012

Gomboc Gallery Sculpture Park

50 James Road, Middle Swan
(08) 9274 3996

www.gomboc-gallery.com.au

Gallery Hours: Wed. to Sun. 10.00am – 5.00pm

Works on display from 2 - 27 May, 2012

Ando's exhibition sponsored by



: Seven Sisters Dreaming 120cm x 50cm

Flora and Fauna 91cm x 76cm



The Australian Sunrise

by James L Cuthbertson

The Morning Star paled slowly, the Cross hung low to the sea
And down the shadowy reaches the tide came swirling free.
The lustrous purple blackness of the soft Australian night
Waned in the grey awakening that heralded the light;
Still in the dying darkness, still in the forest dim
The pearly dew of the dawning clung to each giant limb,
Till the sun came up from ocean, red with the cold sea mist,
And smote on the limestone ridges, and the shining tree-tops kissed;
Then the fiery Scorpion vanished, the magpie's note was heard,
And the wind in the sheoak wavered and the honeysuckles stirred;
The airy golden vapour rose from the river breast,
The kingfisher came darting out of his crannied nest,
And the bulrushes and reed-beds put off their sallow grey
And burnt with cloudy crimson at the dawning of the day.

Commercial Hotel

Meekatharra

Enjoy a drink in a relaxed
& friendly atmosphere



Excellent counter meals daily:



Lunch 12 noon – 2pm Monday to Saturday

Dinner 6pm – 8pm Sunday to Saturday

Accommodation Includes:

Modern Motel units with en suite, TV & air con
Traditional Hotel rooms with TV & air con



Air conditioned Dining /Function Room
Suitable for Meetings, Conferences & Dinners

Dining Room bookings are recommended

Telephone: 99811020

Fax: 99811021

Email: commieh@westnet.com.au



www.commercialmeeka.com.au

**MEEKATHARRA MAINTENANCE AND
GLAZING
CARPENTERS—PAINTERS—GLAZIERS
MAINTENANCE ECT**

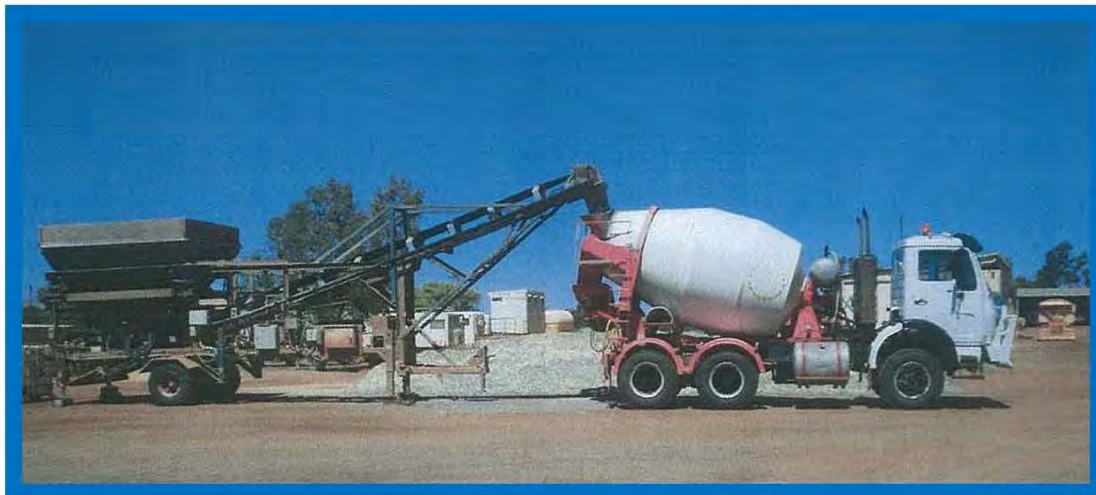
FREE QUOTES

CONTACT BRIAN OR CHRIS

PH: 08 9980 1913 FAX: 08 9980 1914

MOBILE: 0438 000 935

EMAIL: handyman.brian@hotmail.com



MOBILE PLANT AVAILABLE

QUALITY CONTROLLED CONCRETE

SERVICING MEEKATHARRA + DISTRICTS—MINE SITES, CAMPS
ECT

WE PLACE + FINISH—ALSO PLAIN OR COLOURED CONCRETE

MEEKATHARRA HEALTH CENTRE

VISITING SERVICES

Hospital Reception: 9981 0600

RDFS Clinic: 9981 0604

Community Health: 9981 0636

Aged Hostel: 9981 0645

Mental Health: 9981 0625

As all dates are subject to change—please confirm appointments the day before. (Appointments availability is usually determined by prioritising according to health needs)

RFDS MEDICAL SERVICE

Outpatient Opening Times : **Monday—Friday 9am—12 noon (except Thursday 10am—12 noon) & 2pm—4pm.** Medical Services are prioritised according to urgency.

After Hours is for EMERGENCIES Only

DENTAL VISITS TO MEEKATHARRA —2012

23/04—04/05

18/06—29/06

17/09—28/09

19/11—14/12



Meekatharra Dental Clinic : 9981 0640

Mobile Dental Clinic : 0427 386 647

For More Information : Dental Health Services (Perth) : 9313 0555



FARMER JACK'S

MEEKATHARRA

At Farmer Jack's Foodworks Meekatharra
we offer an extensive range of fresh foods
including deli items, quality meat, fresh produce,
groceries and liquor.



Opening Hours

Mon, Tues, Wed, & Fri	8am—6pm
Thursday	8am—7pm
Saturday	8am—5pm



tools to help **you**
work **smarter** not **harder**

In addition, we are a Landmark Agency servicing all
your rural needs, as well as a Thrifty Link
Hardware Store.

Farmer Jack's Foodworks Meekatharra
22 Main Street, Meekatharra 08 99811088

DO YOU FANCY YOURSELF AS A TV STAR?

WE NEED VOLUNTEERS TO HELP HOST THE

2012 OUTBACK FESTIVAL

DVD.

**WE ARE LOOKING FOR PEOPLE WHO WOULD BE
HAPPY TO GUIDE OUR CHOSEN FILM MAKER
AROUND TOWN AND DIRECT HIM OR HER TO
PEOPLE AND PLACES THAT WILL MAKE FOR A
GREAT SNAPSHOT OF THE WEEKEND.**



TO REGISTER YOUR INTEREST
PLEASE CALL IN AND SEE
KELLY AT THE SHIRE
(9981 1002) OR EVEANNE AT
THE CRC OR PHONE ELAINE
ON 0439 909 738



St John Ambulance Meekatharra Sub Centre

Need to renew your Ambulance Benefit Fund Membership?
Interested in becoming a volunteer?
Need to do a First Aid Course?

The Meekatharra St John Ambulance Sub Centre has now regular office hours.

Come and see Sonja
Monday and Thursday 8am – 12noon

at the sub center office in Hill St
Ring 0407 994 074 or 99801467 during office hours
Or per email at sjameekatharra@westnet.com.au

Is your first aid certificate still valid?

Would you know what to do if
you came across an accident?
Do remember how to do CPR?

FIRST AID COURSE
1 Day \$199

Dates : 14th April 2012
2nd June 2012
14th July 2012

Do you know that one trip in the ambulance costs hundreds of dollars?

For \$45 for singles or \$75 for families per year you could join the Ambulance Benefit Fund and have peace of mind.

This is only available for WA country residents, but it covers you for any emergency ambulance transport in Australia.

Plus you also support your local St John Ambulance Sub Centre!

**WE NEED MORE
AMBULANCE DRIVERS !!**

**One shift per fortnight is all that is
needed to help out in your town !**



WE WANT YOU!

meeka's OUTBACK FESTIVAL ART GALLERY

SATURDAY 29th SEPTEMBER 2012



SHIRE HALL

9am - 12pm

CATEGORIES

- **Recycled Art**
- **Textiles**
- **Drawing**
- **Painting**
- **Photos**



**PRIZES FOR EACH CATEGORY
PLUS A PEOPLE'S CHOICE AWARD!**

Entry is **FREE!** To arrange drop off of your art please contact Kelly at the Shire of Meekatharra on 9980 0600 or cdo@meekashire.wa.gov.au



MIDWEST

VETERINARY CENTRE

Coming to Meekatharra in May!

Small & Large Animal
General health checks

Minor Surgery

Sterilization

Vaccinations

Microchips

Dentals

Drenching

Flea & Worm Prevention



**For bookings contact
Midwest Veterinary Centre
(08) 9964 3671**

MIDWEST HOME BUSINESS EXPO 2012



**Cancer
Council**
Western Australia

Community
Supporter

Date: Saturday 30 June

Time: 2pm - 6pm

Location: Queen Elizabeth II Centre,
88 Durlacher Street, Geraldton

Do you run a business from home somewhere in the Midwest?

WE WANT YOU!!

The Midwest Home Business Expo will raise awareness of the amazing variety of home based businesses in the Midwest. With the other 60+ stall holders and various sponsors, your business will be showcased to the anticipated 400+ attendees, plus advertised online, in print and on radio in the lead up to the event.

We are currently taking registrations from home based or party plan businesses in the Midwest, for stall positions at the Midwest Home Business Expo in June.

Costs:

- \$40 regular stall fee (2m wide space)
- Raffle item value \$30 RRP - *an item or voucher*
- \$20 half stall fee (1m wide space)
- Various optional extras – details on registration form

Registration is due by Friday 11 May 2012. Email emma.howell@westnet.com.au for a registration form.

In both 2010 and 2011 the 'Ladies Indulgence Night – Girls Night In Expo' raised much needed funds and awareness for Cancer Council WA. Both successful evenings were held at the Queen Elizabeth II centre in Geraldton and raised over \$6 000 together. In 2012, we will be holding another 'Ladies Indulgence Night' and this additional 'Midwest Home Business Expo', earlier in the year. All funds raised go to Cancer Council WA.

Other ways to support the Expo and Cancer Council WA

- **Contact us** for **sponsorship** options
- Donate a **one-off cash donation**
- **Match our funds raised**, dollar for dollar, we are aiming for over \$4 000
- **Volunteer** on the day
- **Attend** the expo in June!

0458 271 853 | emma.howell@westnet.com.au | PO Box 3341, Geraldton WA 6531

Skippers' Flight Schedule

PERTH TO MEEKATHARRA TO PERTH

SUNDAY - No Flights

MONDAY

FLIGHT NUMBER	DEPART	TIME	ARRIVE	TIME
JW1941	PERTH	0735	MT MAGNET	0855
	MT MAGNET	0925	MEEKATHARRA	1000
	MEEKATHARRA	1035	PERTH	1200

TUESDAY - No Flights

WEDNESDAY

FLIGHT NUMBER	DEPART	TIME	ARRIVE	TIME
JW1941	PERTH	0735	MT MAGNET	0855
	MT MAGNET	0925	MEEKATHARRA	1000
	MEEKATHARRA	1035	PERTH	1200

THURSDAY

FLIGHT NUMBER	DEPART	TIME	ARRIVE	TIME
JW1940	MEEKATHARRA	1000	PERTH	1145

FRIDAY

FLIGHT NUMBER	DEPART	TIME	ARRIVE	TIME
JW1941	PERTH	1230	MT MAGNET	1355
	MT MAGNET	1425	MEEKATHARRA	1455
	MEEKATHARRA	1525	PERTH	1650

SATURDAY - No Flights

For bookings and flight information,
please call Lanie on 9981 1090
or visit www.skippers.com.au

Schedule effective 29th Aug 2011

Who are we and what do we do?

Meeka Goes Green is a group of Meekatharra Community members who want to promote and establish environmentally friendly projects and facilities in Meekatharra and surrounds.

We are not only aiming to improve Meekatharra but also to set an example to other councils and towns to take our environmental responsibilities seriously and **do** something about it.



Contacts:
Svenja (Shire) (08) 9981 1002
Sabrina (CRC) (08) 9980 1811
Robyn (Yulella) (08) 9980 1339

E-mail: meekagoesgreen@gmail.com
Visit us on Facebook: MeekaGoesGreen

*Take care of the
earth and she will
take care of you.
~Author Unknown*

Interested people, community members and businesses alike, are welcome to contact us on meekagoesgreen@gmail.com with ideas, questions and expressions of interest.



Making Meekatharra Environmentally Friendly



meekagoesgreen@gmail.com

Projects

- Reducing landfill by recycling materials such as aluminium, cardboard, glass and plastic
- Reusing materials locally e.g. using lawn clippings and green waste to create mulch and compost
- Creating a Permaculture Food Forest and Community Garden
- Bringing community groups and businesses together
- Increase overall awareness and knowledge about the environment and educate the youth for a sustainable future
- Work with "Keep Australia Beautiful" and "Tidy Towns"
- Promote Meekatharra
- Create collection points for batteries, mobile phones, computers etc

What can I do to contribute?

Depending on your interests, abilities and experience you can help in many ways.

Whether you would like to connect us with helpful **contact persons**, tell us about **similar projects** you have done or seen in the past, have **great ideas and creative solutions** or just want to lend a strong hand **shovelling dirt** or sorting materials—you are welcome!

Or have you got a **dream** that you would like to see become reality?

What's your **passion** that you always wanted to work with?

Become a project leader for your very own project.



Philosophy

- It is our responsibility to look after the Earth and to give back as we take
- Everybody has a right to live in a clean, safe and healthy environment
- Educating the Youth in environmental topics is essential for a greener future
- Together a community can achieve many things

I AM INTERESTED in more information and updates and/or I want to make my own "green" project come true.

Name: _____

Contact phone: _____

Email: _____

Interested in: _____

☐ Recycling

☐ Community Garden

☐ Permaculture Training / Food Forest

☐ Tidy Towns

☐ Other: _____



REGISTRATION DAY



Saturday 5th May 2012
9.30am
Sports Complex

Boys and girls
10 years and under

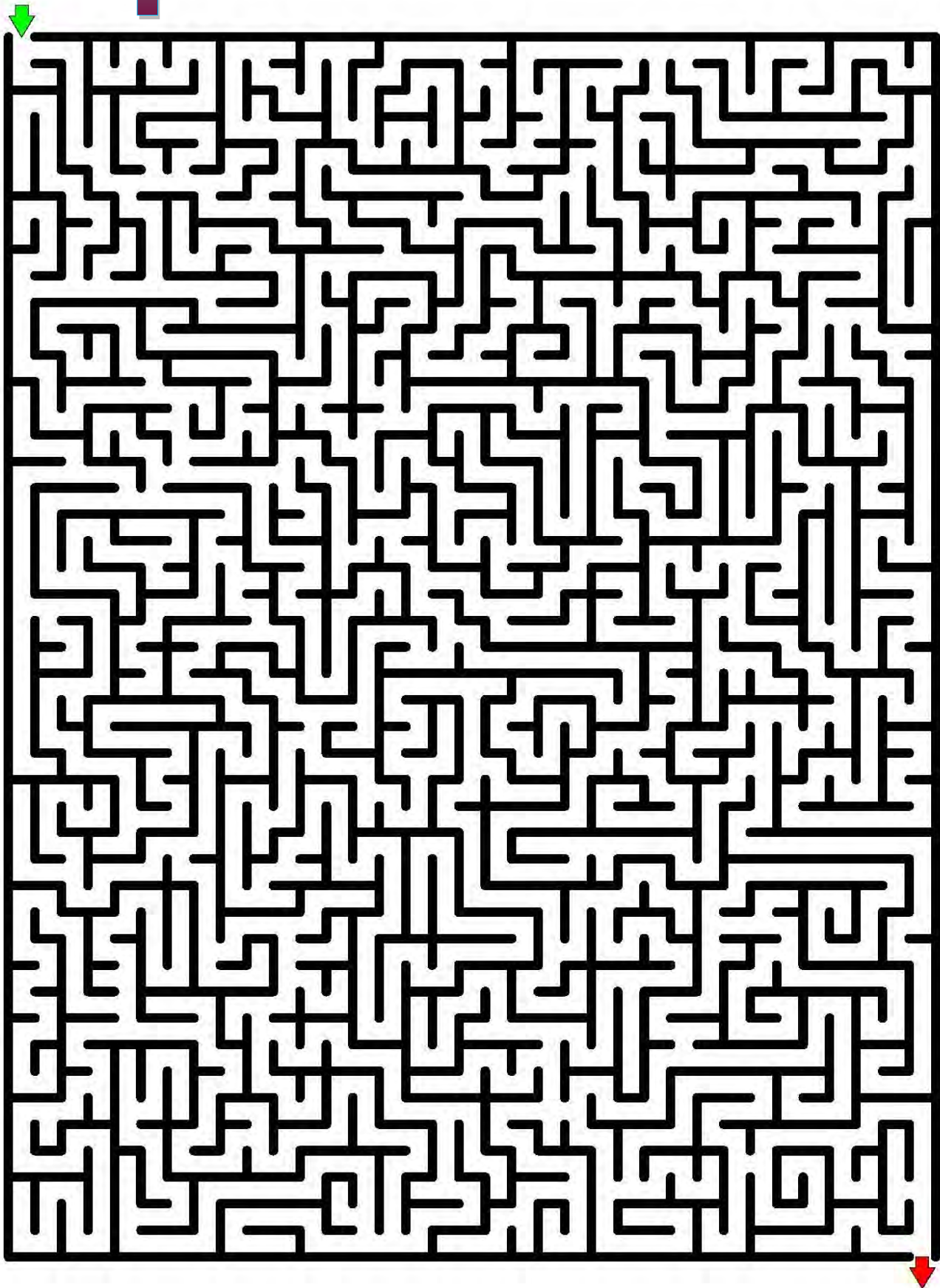
For more details
Contact Elaine King 0439 909 738



NORTHERN GOLDFIELDS FOOTY FIXTURES 2012

Date	Grade	Team 1		Team 2	Venue
May 6 th	Under 17	Mt Magnet	VS	Meekatharra Haze	Mt Magnet
	Under 17	Meekatharra Reds	VS	Wiluna	Meekatharra
May 20 th	Under 17	Meekatharra Reds	VS	Mt Magnet	Meekatharra
	Under 17	Wiluna	VS	Meekatharra Haze	Wiluna
May 27 th		Under 19's	VS	Meekatharra Adults	Meekatharra
		Karalundi year 8's	VS	Meekatharra Year 8's	Meekatharra
June 9 th	Under 17	Meekatharra Haze	VS	Meekatharra Reds	Meekatharra
	Under 17	Wiluna	VS	Mt Magnet	Meekatharra
June 10 th		Under 19's	VS	Meekatharra Adults	Meekatharra
		Karalundi Year 8's	VS	Meekatharra Year 8's	Meekatharra
June 17 th		Under 19	VS	Meekatharra Adults	Meekatharra
		Karalundi Year 8's	VS	Meekatharra Year 8's	Meekatharra
June 23/24 th	Under 19's	Northern Country Under 19's Carnival			Wongan Hills
July 1 st	Under 17	Meekatharra Haze	VS	Mt Magnet	Meekatharra
	Under 17	Wiluna	VS	Meekatharra Reds	Wiluna
August 5 th	Under 17	Mt Magnet	VS	Meekatharra Reds	Mt Magnet
	Under 17	Meekatharra Haze	VS	Wiluna	Meekatharra
August 12 th	Under 17	Meekatharra Reds	VS	Meekatharra Haze	Meekatharra
	Under 17	Mt Magnet	VS	Wiluna	Meekatharra
August 26 th	Under 17	Mt Magnet	VS	Meekatharra Haze	Mt Magnet
	Under 17	Meekatharra Reds	VS	Wiluna	Meekatharra
Sep 2 nd	Under 17	Meekatharra Reds	VS	Mt Magnet	Mt Magnet
		Wiluna	VS	Meekatharra Haze	Wiluna
Sep 16 th	Under 17	Meekatharra Haze	VS	Meekatharra Reds	Meekatharra
	Under 17	Wiluna	VS	Mt Magnet	Meekatharra
Sep 23 rd	Under 17	GRAND FINAL			Played at the top teams home grounds

Impossible Maze!

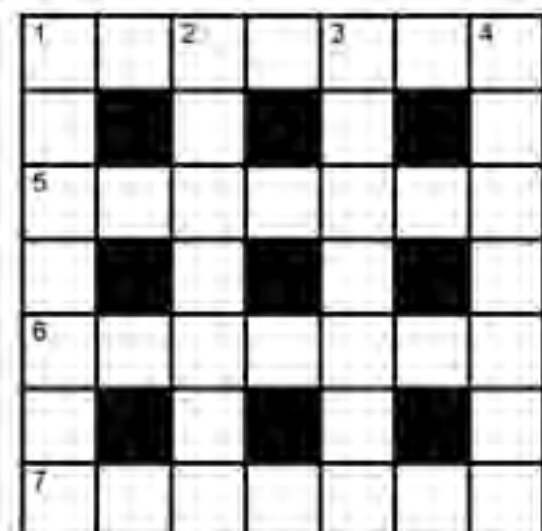


OOMPAH OOMPAH!

Three friends from different villages in Austria are members of the same Oompah band. Can you work out the age of each man (39, 40, 42), his occupation (one is a farmer), the instrument he plays and the name of his village (one is Obersdorf)?

1. Boris (who isn't the hotel keeper) is older than the tuba player (who isn't from the village of Alpensee).
2. The man who plays the flugelhorn isn't the oldest band member.
3. The man aged 40 is from a village with the same initial letter as the village the accordion player comes from.
4. The policeman is younger than Wilhelm.
5. The man from Ottenbach is either the youngest or the oldest and may or may not be Walter.

Name	Age	Occupation	Instrument	Village



Across

1. Perspicacious
5. Inactivity
6. Idiom
7. Voter

Down

1. Scam
2. Foreword
3. Adjure
4. Quisling

Obersdorf	Tuba	Hotel Keeper	40	Wilhelm
Alpensee	Flugelhorn	Policeman	39	Walter
Ottenbach	Accordion	Farmer	42	Boris
Village	Instrument	Occupation	Age	Name

OOMPAH OOMPAH! - Solution

Word Search

C	W	O	L	L	A	M	H	S	R	A	M	I	M	W	I	E	M	T
M	E	S	S	U	O	M	R	A	T	C	E	N	N	M	L	O	A	R
N	O	T	A	G	U	O	N	M	E	N	I	L	A	R	P	H	R	E
O	R	L	S	U	G	A	R	T	A	L	G	B	B	T	C	T	Z	S
N	E	O	A	T	S	B	M	M	E	E	C	H	R	T	E	A	I	S
P	F	L	C	S	T	S	B	N	G	K	R	C	O	I	S	E	P	E
A	T	B	P	K	S	R	O	N	R	T	N	C	V	Y	T	M	A	D
R	O	F	V	P	O	E	A	L	R	R	S	U	R	H	P	T	N	G
E	F	V	U	S	A	M	S	E	F	R	J	U	J	O	E	E	L	O
I	F	L	I	D	C	Y	A	P	E	Y	P	Y	N	N	X	E	S	E
L	E	A	I	N	G	C	D	T	R	I	D	Z	M	E	G	W	T	R
T	E	N	A	W	L	E	T	N	V	N	E	N	M	Y	V	S	E	I
L	R	L	T	E	R	U	V	S	A	C	C	H	A	R	I	N	E	C
W	B	B	O	N	B	O	N	C	V	C	M	B	W	C	H	C	W	E
L	E	M	A	R	A	C	M	U	G	G	N	I	W	E	H	C	S	M
E	T	A	L	O	C	O	H	C	N	O	I	T	C	E	F	N	O	C
V	E	R	U	T	I	F	N	O	C	T	N	A	D	N	O	F	N	B
P	O	R	D	M	U	G	M	A	E	R	C	E	C	I	D	V	J	E
N	A	E	B	Y	L	L	E	J	P	O	P	I	L	L	O	L	N	H

AMBROSIA, BLANCMANGE, BON BON, BRITTLE, BUTTERSCOTCH, CANDY, CANDY APPLE, CANDY FLOSS, CARAMEL, CHEWING GUM, CHOCOLATE, CONFECTION, CONFITURE, CREAM, DESSERT, FONDANT, FUDGE, GUMDROP, HONEY, ICE CREAM, JELLY BEAN, JUNKET, LOLLIPOP, MARSHMALLOW, MARZIPAN, MOLASSES, MOUSSE, NECTAR, NONPAREIL, NOUGAT, PRALINE, ROCK, SACCHARINE, SUGAR, SWEETMEAT, SWEETS, SYRUP, TOFFEE, TREACLE.

Sudoku

3	9	1	2	4	6	8	5	7
8	5	4	3	7	1	9	6	2
6	2	7	5	9	8	4	3	1
1	4	8	9	5	2	3	7	6
5	3	2	6	8	7	1	9	4
9	7	6	4	1	3	5	2	8
2	8	5	1	6	9	7	4	3
7	6	9	8	3	4	2	1	5
4	1	3	7	2	5	6	8	9

March

Sudoku

Solution



6		1		4			8	
	8					5	4	
			3	6				
						6	1	2
		4				9		
1	6	2						
				8	9			
	2	5					9	
	7			2		8		1

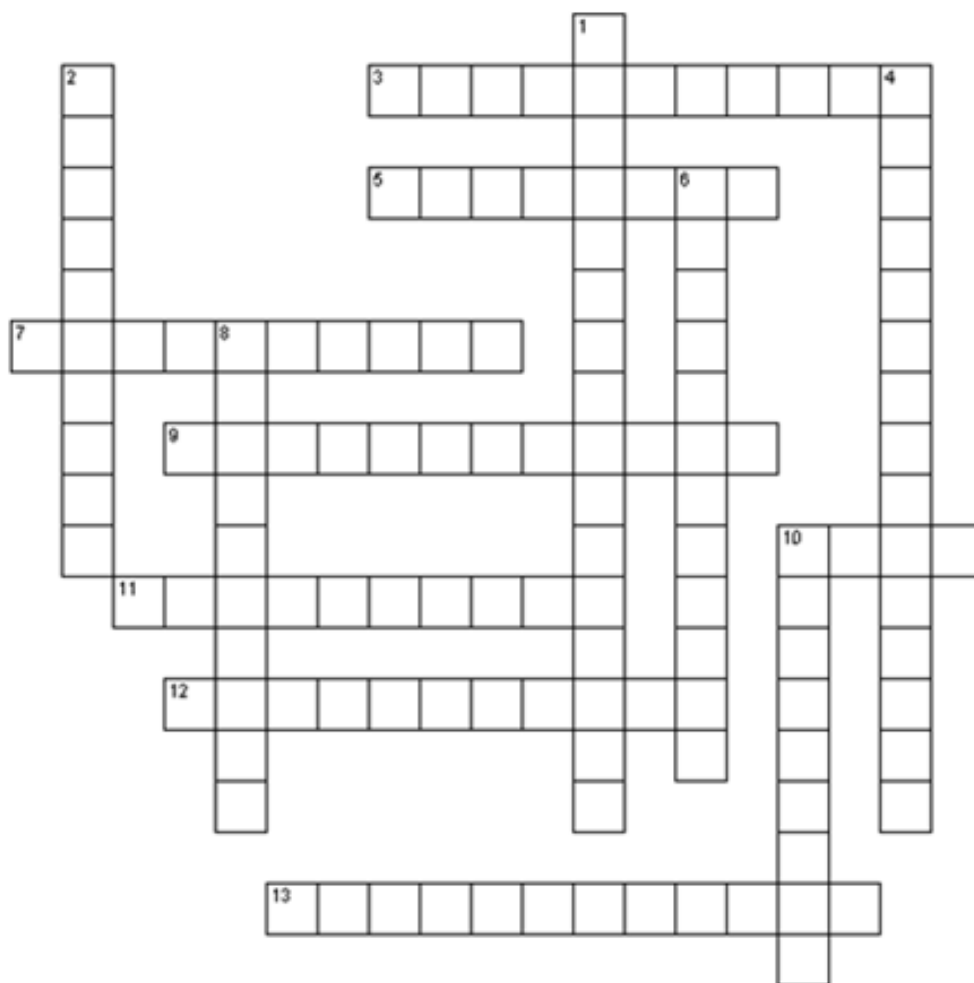
Crossword

Across

3. Neo in the 1999 movie, *The Matrix* (5,6)
5. Gary Cooper was Marshal Will Kane in this 1952 movie (4,4)
7. Ingrid Bergman was Ilsa Lund Laszlo in this 1942 classic (10)
9. Col. Walter W. Kurtz in the 1979 movie, *Apocalypse Now* (6,6)
10. Roy Scheider was Police Chief Martin Brody in this 1975 movie (4)
11. Director of the 1941 movie, *The Maltese Falcon* (4,6)
12. Martini in the 1975 movie, *One Flew Over the Cuckoo's Nest* (5,2,4)
13. Capt. Virgil in the 1963 movie, *The Great Escape* (5,7)

Down

1. Director of the 2004 movie, *Kill Bill: Vol 2* (7,9)
2. Adrien Brody was Wladyslaw Szpilman in this 2002 movie (3,7)
4. Ripley in the 1979 movie, *Alien* (9,6)
6. Paris, Prince of Troy in the 2004 movie, *Troy* (7,5)
8. Mel Gibson was William Wallace in this 1995 movie (10)
10. Joel Barish in the 2004 movie, *Eternal Sunshine of the Spotless Mind* (3,6)





Anzac biscuits with macadamia nuts

Preparation Time

15 minutes

Cooking Time

22 minutes

Ingredients

- 75g (1/2 cup) whole macadamia nuts
- 115g (3/4 cup) plain flour
- 1 tsp ground ginger
- 165g (1 1/2 cups) rolled oats
- 165g (3/4 cup) caster sugar
- 45g (1/2 cup) desiccated coconut
- 2 tbs boiling water
- 1 tbs golden syrup
- 1 tsp bicarbonate of soda
- 125g butter, cubed, melted

Method

1. Preheat oven to 160°C. Line 2 large baking trays with non-stick baking paper. Spread the macadamia nuts over 1 tray and cook in preheated oven for 6 minutes or until lightly toasted. Transfer to a chopping board to cool slightly, then coarsely chop.
2. Sift the flour and ginger into a large bowl. Add the macadamia nuts, rolled oats, sugar and coconut, and stir to combine.
3. Combine the boiling water, golden syrup and bicarbonate of soda in a small jug. Once the mixture froths up, stir in the butter. Set aside for 5 minutes to cool slightly. Add the cooled butter mixture to the flour mixture and use a wooden spoon to combine.
4. Place 2 heaped teaspoons of mixture onto 1 of the lined trays and use the back of a spoon to flatten slightly. Repeat with the remaining mixture, leaving about 3cm between each. Bake in preheated oven for 13 minutes for chewy biscuits or 16 minutes for crunchy biscuits, swapping trays around halfway through cooking. Set aside for 5 minutes, then transfer to wire racks to cool.

Notes

- These biscuits can be stored in an airtight container for up to 1 week.

Beef casserole with cheese and potato dumplings

Preparation Time

20 minutes

Cooking Time

120 minutes



Ingredients (serves 6)

- 80ml (1/3 cup) olive oil
- 1kg gravy or casserole beef, cut into 2cm cubes
- 10 pearl onions, peeled, halved
- 4 bacon rashers, rind and excess fat trimmed, coarsely chopped
- 2 garlic cloves, crushed
- 300g small button mushrooms
- 1 x 425g can diced tomatoes
- 375ml (1 1/2 cups) beef stock
- 55g (1/4 cup) tomato paste
- 80ml (1/3 cup) red wine vinegar
- Salt & freshly ground black pepper
- *Potato dumplings*
- 2 large (about 400g) desiree potatoes, peeled
- 185ml (3/4 cup) milk
- 60g butter
- 225g (1 1/2 cups) self-raising flour
- 65g (3/4 cup) coarsely grated cheddar
- 40g (1/2 cup) finely grated parmesan
- 2 tbs chopped fresh continental parsley
- Pinch of salt

Method

1. Preheat oven to 180°C. Heat half the oil in a 2L (8-cup) capacity heatproof, ovenproof ceramic casserole dish over medium-high heat. Add half the beef and cook, stirring, for 2 minutes or until brown. Transfer to a bowl. Repeat with the remaining beef.
2. Heat remaining oil over medium heat. Add onion, bacon and garlic, and cook, stirring, for 5 minutes or until bacon is crisp. Add beef, mushrooms, tomato, stock, tomato paste and vinegar. Season with salt and pepper and bring to the boil. Cover and bake in oven for 1 1/2 hours.
3. Meanwhile, to make potato dumplings, place potatoes in a saucepan and cover with cold water. Bring to the boil over medium-high heat and cook, uncovered, for 10 minutes or until tender. Drain well and return to pan. Add milk and butter and use a potato masher to mash until smooth. Stir in flour, cheddar, parmesan and parsley. Taste and season with salt.
4. Remove casserole from oven. Use a 60ml (1/4-cup) capacity measuring cup to shape potato mixture into 6 dumplings. Arrange over casserole. Cook, uncovered, for a further 20 minutes. Remove from oven and set aside for 5 minutes to cool slightly before serving.

2012 Meeka Community Events Calendar

SCHOOL HOLIDAYS

PUBLIC HOLIDAY

April						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

August						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September						
S	M	T	W	T	F	S
30						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

October						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December						
S	M	T	W	T	F	S
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

MARKET STALLS

VOLUNTEER WEEK

VOLUNTEER BRUNCH

CHARADES EVENING

ANIMAL STERILISATION PROGRAM

TRIVIA NIGHT

FANCY DRESS BALL

JAMMIN IN MKA

FESTIVAL - RACES - RODEO

CHRISTMAS CAROLS

If you have an event you would like to list in this calendar or you would like to know more about any of these events please contact Kelly at the Shire on 9980 0600 or cdo@meekashire.wa.gov.au

FESTIVAL FUNDRAISING EVENTS:
Market Stalls
May 26th - Charades Evening
June 30th - Trivia Night
August 4th - Fancy Dress Ball - Theme to

Closing Date: 25th May